

# Linfield Icebreaker 2015

## Schedule of Events

**\*\*Tentative\*\***

***\*Rolling schedule after completion of 1500\****

### **Friday, Mar. 6th**

7:00pm Women's 10,000

8:00pm Men's 10,000

### **Saturday, March 7th**

#### **Field Events (3 attempts, top 8 advance to final)**

9:00am Women's Hammer (Men to follow)  
Men's Discus (Women to follow)  
Women's Pole Vault (Men to follow)  
Men's and Women's Long Jump (Triple Jump to follow)

11:00am Women's High Jump (Men to follow)  
Men's Javelin (Women to follow)

Women's Shot Put(South ring) **to follow Women's Discus**  
Men's Shot Put(North ring) **to follow Men's Hammer**

#### **Track Events \*\*Tentative Schedule\*\***

10:00am Steeplechase (Women)(1ht)  
10:20am Steeplechase (Men)(1ht)  
10:35am 400m Relay (Women)(1hts)  
10:40am 400m Relay (Men)(2hts)  
10:55am 1500m (Women)(1hts)  
11:25am 1500m (Men)(2hts)  
↓ 100m Hurdles (Women)(3hts)  
110m Hurdles (Men)(3hts)  
400m Dash (Women)(2hts)  
↓ 400m Dash (Men)(4hts)  
100m Dash (Women)(4hts)  
100m Dash (Men)(7hts)  
800m Run (Women)(2hts)  
↓ 800m Run (Men)(4hts)  
400m Hurdles (Women)(2hts)  
400m Hurdles (Men)(3hts)  
200m Dash (Women)(6hts)  
200m Dash (Men)(9hts)  
↓ 5000m Run (Women)(1hts)  
5000m Run (Men)(1hts)  
1600m Relay (Women)(2hts)  
1600m Relay (Men)(2hts)