Course: HHP 305 - Coaching Theory
Credit Hours: 2
Location & Time: Online
Instructor: Larry Doty
Office: HHPA Complex, Room 209
Phone: (503) 883-2416 office or (503) 435-9071 cell
Email: ldoty@linfield.edu
Office Hours: M-W-F 8:00-12:00 noon or by Appointment

COURSE DESCRIPTION: An examination of the current fundamental techniques and coaching strategies involved with successful performance in interscholastic sports. 2 credits

PURPOSE AND SCOPE: The purpose of the course is to help students explore and develop coaching philosophy as well as gain fundamental knowledge and skills for coaching one specific interscholastic sport at the Elementary, Middle School, High School and College levels.

COURSE GOALS:
• To examine and develop a coaching philosophy
• To examine and apply coaching theory best practices applicable to all sports
• To gain fundamental knowledge and skills for coaching a selected interscholastic sport

EVALUATION CRITERIA:
1. Active participation in weekly discussions and assignments: 100 points
2. Coaching Philosophy: 50 points
3. Midterm - Coaching Theory Exam: 50 points
4. Coaching Notebook: 200 points
5. Final – Coaching Specific Module Exam: 100 points

Total Possible: 500 points

GRADING:
94-100% = A 80-83% = B- 67-69% = D+
90-93% = A- 77-79% = C+ 64-66% = D
87-89% = B+ 74-76% = C Subject to change in final syllabus
84-86% = B 70-73% = C- 59 & Below = F

CLASS FORMAT: Online – Weekly modules, discussions, assignments, project and exams.

Required Text:

It may be necessary to rent a movie.

Select 1 from Sport Specific Required Texts
### Course Syllabus

**Fall 2016**

- **Track and Field**: *Track & Field Coaching Essentials*. (2014). USA Track and Field.

**Special Accommodations:** *Portland and DCE*: Students with disabilities are protected by the Americans with Disabilities Act and Section 504 of the Rehabilitation Act. If you are a student with a disability and feel you may require academic accommodations contact Cheri White, Program Director of Learning Support Services (LSS), as early as possible to request accommodation for your disability. The timeliness of your request will allow LSS to promptly arrange the details of your support. LSS is located in Loveridge Hall, Room 24, (503-413-8219). We also encourage students to communicate with faculty about their accommodations.

**Academic Honesty:** Linfield College has a policy regarding academic honesty. All students enrolled in this course are expected to follow it. The policy can be found in the Student Handbook and Planner. If unsure about whether your work reflects an appropriate level of “academic honesty” do not hesitate to discuss the matter with the instructor before the work is started.

#### Tentative Topical Outline

<table>
<thead>
<tr>
<th>Date</th>
<th>Material Covered</th>
<th>Readings</th>
<th>Assignments</th>
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<tbody>
<tr>
<td>Wk 1</td>
<td>Introduction Philosophy and Ethics of Coaching</td>
<td>Jones – Chapters 7 &amp; 8</td>
<td>Student Blackboard Profile</td>
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<tr>
<td>Wk 2</td>
<td>Coaching Pedagogy and Best Practices</td>
<td>Jones - Chapters 2 &amp; 3</td>
<td>Ethics Discussion Entry Philosophy paper</td>
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<td>Wk 3</td>
<td>Coaching Skills</td>
<td>Jones – Chapter 4</td>
<td>Best Practices Discussion Exemplar Coach reflection</td>
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<tr>
<td>Wks 4 -5</td>
<td>Sociological and Psychological Aspects of Coaching</td>
<td>Jones – Chapters 5 &amp; 6</td>
<td>Coaching observation Discussion entry Midterm – Coaching Theory Exam</td>
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<tr>
<td>Wks 5 - 6</td>
<td>Sport Background, Principles and Rules</td>
<td>Sport Specific Text</td>
<td>Assignment: Rules Quiz</td>
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<td>Wks 7 - 8</td>
<td>Planning Practices, Drills, Skills Development</td>
<td>Sport Specific Text</td>
<td>Work on Coaching Notebook</td>
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<td>Wks 9 -10</td>
<td>Sport Specific Strategies and Team Building</td>
<td>Sport Specific Text</td>
<td>Work on Coaching Notebook</td>
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<tr>
<td>Wks 11 - 13</td>
<td>Scouting, Preparation and Competition Day</td>
<td>Sport Specific Text</td>
<td>Work on Coaching Notebook</td>
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<tr>
<td>Wk 14</td>
<td>Compiling Coaching Notebook</td>
<td>Sport Specific Text</td>
<td>Coaching Notebook Due Sport Specific Final</td>
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Linfield College
DEPARTMENT OF HEALTH, HUMAN PERFORMANCE AND ATHLETICS
Course Syllabus
Fall 2016

Exam