Austria
Austria
https://www.state.gov/r/pa/ei/bgn/3165.htm

Fact Sheet
October 31, 2019

U.S.-AUSTRIA RELATIONS

Austria is a free and stable democracy with a social market economy. As the inheritor of the Habsburg monarchy's historic links to eastern and southeastern Europe, Austria sees a role for itself in helping countries in these regions integrate successfully into an enlarged European Union. The United States and Austria share many common values and common perspectives, including a commitment to reducing the threats posed by climate change and nuclear proliferation, a support for human rights and the rule of law, and a shared vision of peace and freedom for all. The two countries are bound together through myriad people-to-people contacts in business, the arts, scholarship, recreation, and a host of other exchanges.

The Austro-Hungarian Empire recognized the United States in 1797, when we established consular relations with a Consul in Trieste, then part of the Austrian empire. Diplomatic relations were established with the naming of Henry A. Muhlenberg as first American Minister to Vienna in 1838. Relations were generally good until World War I (1914-18) and the United States’ declaration of war on the Austro-Hungarian Empire in 1917. Friendly diplomatic relations with the new Republic of Austria were established in 1921 and lasted until Nazi Germany annexed Austria in 1938. After World War II (1939-45), the four allied powers (the United States, Great Britain, France, and the Soviet Union) divided Austria and Vienna into four occupation zones, with an Allied Council for Austria assuming authority over matters affecting the whole country. In 1955, these four powers and the Republic of Austria signed the Austrian State Treaty, which ended the occupation and declared Austria to be a free, independent, and neutral state. The U.S. played an essential role in the country's reconstruction and in the Austrian State Treaty. Since the post-World War II period, the United States and Austria have enjoyed strong relations.

During the immediate postwar period, Austrian authorities introduced certain restitution and compensation measures for Nazi victims, but many of these initial measures were later seen as inadequate and/or unjust. Since 1994, Austria has committed to providing victims and heirs some $1 billion in restitution.

Today, Austria and the United States are partners in promoting global security and prosperity.

U.S. Assistance to Austria

The United States provides no foreign assistance to Austria.
Bilateral Economic Relations

Austria is a member country of the European Union and World Trade Organization, offering export opportunities for U.S. companies of all sizes, with no significant trade barriers. The country represents a desirable, affluent market for U.S.-made products in Europe. The trade and investment relationship between the U.S. is robust and growing rapidly, creating thousands of new jobs in both countries as a result. Recent Austrian governments have sought to encourage Austria's reputation as an attractive regional headquarters location through economic reforms and by highlighting Austria's historical and economic ties to the surrounding region.

Austria's Membership in International Organizations

Austrian leaders emphasize the country's role as both an East-West hub and a moderator between industrialized and developing countries. Austria hosts the International Atomic Energy Agency and several other UN bodies, the Organization of Petroleum Exporting Countries, and the Organization for Security and Cooperation in Europe (OSCE). Austria and the United States belong to a number of the same international organizations, including the United Nations, OSCE, Organization for Economic Cooperation and Development, Euro-Atlantic Partnership Council, International Monetary Fund, World Bank, and World Trade Organization. Austria also is an observer to the Organization of American States.

Bilateral Representation

The U.S. Ambassador to Austria is Trevor D. Traina; other principal embassy officials are listed in the Department's Key Officers List.

Austria maintains an embassy in the United States at 3524 International Court, NW, Washington, DC 20008 (tel. 202-895-6700). It also maintains Consulates General in Los Angeles and New York and additional trade promotion offices in Atlanta and Chicago.

More information about Austria is available from the Department of State and other sources, some of which are listed here:

- Department of State Austria Page
- Department of State Key Officers List
- CIA World Factbook Austria Page
- U.S. Embassy
- History of U.S. Relations With Austria
- Human Rights Reports
- International Religious Freedom Reports
- Trafficking in Persons Reports
- Narcotics Control Reports
- Investment Climate Statements
- U.S. Census Bureau Foreign Trade Statistics
- Export.gov International Offices Page
- Library of Congress Country Studies
- Travel Information
Introduction

Globalization has made overseas travel – be it for business, academia, charity, personal, or mission work – quite common. International travelers are exposed to many new experiences and phenomena and among these, certain risks. This guide offers international travelers information, tactics, techniques, and procedures to mitigate risks inherent to international travel.

OSAC acknowledges that every destination is unique and that no one resource can address all eventualities. Therefore, we have developed this reference in coordination with our constituents to inform the private sector of best practices for personnel safety abroad. The risks of international travel are no longer just tied to local or transnational crime. It is our hope that the enclosed recommendations will both encourage individuals to seek overseas opportunities and provide greater comfort and confidence for those traveling internationally.

Pre-Departure

Know Before You Go

- Register with the U.S. State Department's Smart Traveler Enrollment Program (STEP).
- Review the U.S. State Department's country specific information and OSAC’s country crime and safety reports.
- Do your homework. Visit country-specific websites for important information on your destination country.
- Understand the laws and currency exchange rates in your destination country.
- Be culturally aware; learn a few common phrases in the local language and the basics of the cultural values and norms.
- Get a map and study it. Identify potential hazards and safe havens; learn several routes to key places you will be staying/living/visiting.

Packing

- Pack your luggage wisely. Make sure to place any prohibited materials (scissors, files, other sharp objects) in your check-in luggage.
- Be sure to pack 2-3 day “survival items” in your carry-on bag. This includes: medicines and toiletries, an extra change of clothes (including undergarments), important documents, drinking water, snacks (e.g., Powerbars), and anything else you may want.
- Do not display company or other identifying logos on luggage. Place your pertinent contact information in a visible place inside each piece of luggage.
- Do not openly display your name tags on your luggage. Include only your name and contact number on your tags, and keep them covered or turn the paper over and write “see other side.”
- Get a plain cover for your passport.
- Make out a will.
- Consider a privacy act waiver.
- Leave travel itinerary and contact information with family or friends; do not otherwise disclose.
- Consider getting a telephone calling card and a GSM (tri-band or “world”) cellular phone that allows access to most local cellular systems (and provides a single contact number). Depending on your situation, you may want to purchase a local phone or SIM card in country.
- Take out property insurance on necessary equipment (cameras, binoculars, laptops, etc.).
- Consider securing a new credit card with a low credit limit separate from existing credit cards; in the event of theft, your personal accounts will not be compromised.
- Notify your credit card company of your intent to travel; confirm credit limit and availability.

Health

- Make sure health insurance covers foreign medical providers and medical evacuation expenses.
- Take an extra pair of glasses; depending on the destination, contact lenses can be problematic.
- Visit a travel clinic, inform them of destination(s), and get any needed inoculations and medications.
- Get a dental cleaning and checkup if you had not recently had one.
- Prep and pack a travel med kit; some items you may want to include:
  - Anti-diarrheal medication
  - Antibiotics
  - Anti-malaria (if applicable)
  - Antihistamine and decongestant
  - Antacid and laxative
  - Anti-fungal/anti-bacterial and hydrocortisone cream
  - Anti-bacterial hand wipes/ hand sanitizer
  - Pain reliever/fever reducer, sleep aid
  - Gauze, bandages, and medical tape
  - Insect repellent with DEET 35%
  - Shaving razor, tweezers, manicure kits
  - Sunscreen and aloe
  - Thermometer

During Your Trip

Awareness

Situational Awareness is very important domestically but becomes critically important overseas in unfamiliar environments. Keep your head up, eyes and ears open, and listen to your intuition! Situational awareness can and should be practiced and will improve the more you do so. Focus on seeing and remembering everything around you. It will seem extremely arduous and time-consuming at first but will become increasingly easier as time passes and proficiency is gained. Your goal should be for these efforts to become habitual and completed sub-consciously. Some important practices are:

- Trust your instinct; if a place does not feel right, move to a safer location – immediately.
- Assess your emotional and physical strengths and limitations.
- Be attentive to how others perceive you; behave in an unprovocative manner that discourages unwanted attention.
- Familiarize yourself with your neighborhood and work environment.
- Use common sense. Beware of EVERYONE, including pickpockets, scam artists, etc.
- Remove name tags or convention badges when outside the venue.
- Pay attention to local media for any activities or events that might affect you.
- Be aware of surroundings, including the people, cars, and alleys nearby.
• Keep alert to potential trouble, and choose to avoid when possible. Trust your instincts.
• Educate yourself of any pending events (elections, demonstrations, anniversaries) that may cause civil disturbance, and avoid unnecessary risks.
• Establish a support network among your colleagues and when possible, embassy personnel.
• Inform yourself of the availability and reliability of local support services (police, security, medical, emergency, fire).
• Confirm (with your embassy) the procedures for you and your family in the event of a crisis or evacuation.
• Politely decline offers of food or drink from strangers.
• Accept beverages only in sealed containers; make sure there has been no tampering.

Personal Conduct

You can dress, behave, and move about in a manner that is respectful of local custom, but rest assured, YOU WILL NOT BLEND IN. Remember that whenever you travel anywhere, whether you realize it or not, you are representing yourself, your family, your organization, and your country. Your behavior and actions will be applied as a positive or negative impression of all that you represent. In many cultures, this will essentially make or break your ability to successfully function and interact in another culture. Always keep in mind the following:

• Behave maturely and in a manner befitting your status in the local society; insist on being treated with respect.
• Dress in a manner that is inoffensive to local cultural norms.
• Avoid clothing that shows your nationality or political views.
• Establish personal boundaries and act to protect them.
• Exercise additional caution when carrying and displaying valuable possessions (jewelry, phone, sunglasses, camera, etc.); what may be a simple, even disposable item to you, may be a sign of extreme affluence to another.
• Vary your patterns of life/behavior to be less predictable.
• Divide money among several pockets; if you carry a wallet, carry it in a front pocket.
• If you carry a purse, carry it close to your body. Do not set it down or leave it unattended.
• Take a patient and calm approach to ambiguity and conflict.
• Radiate confidence while walking in public places.
• Do not expect privacy, anywhere.
• Do not discuss personal, professional, or financial issues of your group or yourself; these can be used to exploit you and your group.
• Be cool when facing confrontation; focus on de-escalation and escape.
• Respect local sensitivities to photographing/videotaping, especially at airports, police, and government facilities.
• Carry required official identification with you at all times.
• Report any security incidents to your embassy or consulate (who will advise you of options including reporting to local authorities, prosecution, corrective measures, etc.).
• Maintain a low profile, especially in places where there may be hostility toward foreigners and/or citizens of your country; do not seek publicity.
• Avoid public expressions about local politics, religion, and other sensitive topics.
• Avoid being out alone late at night or after curfew.
• Stay alert.
• Be unpredictable.
• Carry yourself with confidence.
• Be aware of distractions.
• Watch for surveillance. If you see the same person/vehicle twice, it could be surveillance; if you see it three times, it probably is surveillance.
Electronics Security

- First and foremost: if you don’t NEED it, don’t bring it!
- If you need to bring a laptop and/or phone and have “clean” ones available, use them.
- Back up and then wipe (sanitize) your laptop, phone, and any other electronics to ensure that no sensitive or personal data is on them while traveling.
- Carry laptop in a protective sleeve in a backpack/purse/bag that does not shout “there’s a computer in here.”
- DO NOT EXPECT PRIVACY, ANYWHERE.
- Do not leave your electronic devices unattended.
- Do not use local computers to connect to your organization’s secure network.
- Clear your temporary files, to include your temporary internet files, browser history, caches, and cookies after each use.
- Consider opening a new e-mail account (Gmail, Yahoo, Hotmail, AOL, etc.) for use during your trip.
- Ensure you update your computer’s security software (antivirus, firewall, etc.) and download any outstanding security patches for your operating system and key programs.
- Upon return, change all of your passwords for devices and accounts (including voicemail) used while traveling.

Logistics

Air Travel

Air travel can be incredibly convenient and frustrating at the same time. While traveling you are extremely vulnerable and must bear this in mind that a distracted individual is a prime target for all kinds of nefarious actions. You must control what you can and readily adapt to, as well as what you cannot (i.e., flight schedules/delays and time to clear security). Here are some key considerations:

- Wear comfortable, loose fitting clothing.
- Arrive at the airport in plenty of time (1.5 – 2 hours before departure).
- Move through passenger security immediately after ticketing and locate your departure gate.
- Stay with your bags at all times.
- Set your watch to local time at destination upon take off.
- Be careful about how much of your personal/business information you share with fellow passengers; they are still strangers.
- Limit intake of alcohol in flight, and drink plenty of water to counteract “jet lag”. This will help limit stress and increase alertness.
- If possible, pre-arrange transport from the airport to your hotel. Consider paying the additional room rate for a hotel that provides shuttle service to and from the airport.
- Have your immigration and customs documents in order and available. A durable folder secured by a buckle or elastic band may be useful.

Ground Travel

Ground travel poses several risks to the traveler. Not only are you more vulnerable, but many places do not have the traffic laws, enforcement, infrastructure, or assistance that you are accustomed to. Be prepared. You will be in an unfamiliar environment and may have to contend with, among other things, dangerous road conditions; untrained or unlicensed drivers; drivers operating under the influence of alcohol and/or narcotics; vehicles that are poorly maintained and therefore hazardous, police and/or criminal checkpoints or roadblocks, and others with malicious intentions. Some recommendations for ground travel are:
• Use a common vehicle model (local taxis may be a good indicator). If you rent, remove any markings that identify vehicle as a rental.
• If you have to drive, always leave a path for escape when you stop (at a light, stop sign, cross-walk, etc.).
• Park in a manner that expedites your departure.
• Carry a cell phone, first aid kit, maps, flashlight, and official documents in your vehicle.
• Keep the vehicle windows rolled up and the doors locked.
• Use the seat belts.
• Be alert to scam artists and carjackers while stopped in traffic.
• Understand the proper local procedures should you be involved in or witness a traffic accident. In some locales, stopping for an accident can put your life at risk.
• Only take official, licensed taxis; note the license plate number of taxi and write it down.
• Avoid getting into a taxi already occupied by others. If necessary, pay extra for a single fare. Negotiate a price before getting in taxi. Have money ready to pay in appropriate denominations.
• Take a seat on a bus or train that allows you to observe fellow passengers but does not preclude options to change seats if necessary.

Lodging

At the Hotel

For most destinations you travel to (in addition to being an obvious foreigner), you will be considered wealthy and a prime target. You should not consider a hotel a complete safe haven, there are still many threats and you are potentially very vulnerable at them. Some important considerations:

• Use reputable hotels, hostels, or boarding houses; your safety is worth any added cost.
• Remind hotel staff to not give out your room number.
• Meet visitors in the lobby; avoid entertaining strangers in your room.
• Take a walk around the hotel facilities to familiarize yourself with your environment. Are hotel personnel located on each floor? Are they in uniform? Do they display any identification? Who else has access to your floor?
• Ensure the phone in your room works. Call the front desk.
• Inspect the room carefully; look under the bed, in the showers and closets.
• Ensure door and window locks are working. Do not forget the sliding glass door, if the room has one.
• Ensure the door has a peephole and chain lock.
• Avoid ground floor rooms at the hotel. Third through fifth floors are normally desirable (harder to break into, but still accessible to firefighting equipment – where available).
• Read the safety instructions in your hotel room. Familiarize yourself with hotel emergency exits and fire extinguishers.
• Count the doors between your room and nearest emergency exit (in case of fire or blackout). Rehearse your escape plan.
• Keep all hotel doors locked with a dead bolt or chain at all times (do not forget the sliding glass door and windows).
• Consider traveling with a rubber door stop, smoke detector, and motion detector.
• Identify your visitor before you open the door.
• If you doubt room delivery, check with the front desk before opening the door.
• If you are out of your room, leave television/radio on at high volume. Place a “do not disturb” sign outside door.
• Do not leave sensitive documents or valuables visible and unattended in the room.
• Keep your laptop out of sight, in a safe, or in a locked suitcase. You may wish to use a laptop cable lock to secure your laptop to a window frame or bathroom plumbing.
• Keep your room number to yourself. If your room key is numbered or has your room number on a key holder, keep it out of sight. If a hotel clerk announces your room number loud enough for others to hear, ask for a new room.

• If you leave the hotel, carry the hotel business card with you; it may come in handy with a taxi driver who does not speak your language.

Residential

When residing overseas, it is critically important to understand the threat environment in which you will be living. Take the time to reach out to the resources available, including security professionals in your organization, the local embassy or consulate, and the appropriate crime and safety reports. Here are some security measures you might want to consider:

• Avoid housing on single-entry streets with a dead end or cul-de-sac.

• Housing near multiple intersections can be beneficial.

• Ensure the sound, secure structure of your residence.

• Strictly control access to and distribution of keys.

• Install adequate lighting, window grilles, alarm systems, and perimeter walls as necessary.

• Establish access procedures for strangers and visitors.

• Hire trained guards and night patrols; periodically check-up on guards.

• Set-up a safe room in your house; consider adding additional locks

• Establish rapport with neighbors. Is there a “neighborhood watch” program?

• Seek guidance from local colleagues or expatriates who have insight into local housing arrangements.

• Ensure adequate communications (telephone, radio, cell phone) with local colleagues, authorities, and your Embassy.

• Install a back-up generator and/or solar panels.

• Set aside emergency supplies (food, water, medicine, fuel, etc.).

• Install smoke detectors, fire extinguishers, and carbon monoxide monitors, as appropriate.

• Avoid sleeping with the windows open or unlocked.

• Speak on the phone inside, somewhere that is and away from windows (through which you can be seen and heard).

• Ensure all windows have treatments that can prevent external observation.

• Lock up items, such as ladders and hand-tools, which could be used to facilitate forced entry.

• Store emergency funds in multiple places around the house.

• Keep a “go-bag” with clothes, water, and food (Powerbars, etc.) for three days packed and ready at all times. Keep copies of important documents and some emergency funds with the bag. Keep other necessary items (medications, etc.) in a centralized place for easy placement into bag. Key items include:
  • Documentation  
    • Copies of all key documentation
    • Passport and/or national ID
    • Driver’s License
    • Health Insurance Card

  • Communication  
    • Mobile phone – including a charger and extra battery
    • Work and emergency contact lists
    • Satellite Phone (if available)
    • GPS devise (if available)

  • Food and water  
    • Water bottle
    • Purification tablets
    • Energy bars / dried fruit / nuts
• Other essentials
  • Cash (USD and local currency)
  • Full change of clothing
  • Rain jacket
  • Sweater
  • Walking shoes or boots (with heel and closed toe)
  • Insect repellant
  • Matches (ideally windproof and waterproof)
  • Flashlight (with extra batteries)
  • Medical/first aid kit
  • Sun screen
  • Sunglasses
  • Toiletries
  • Toilet paper

• Extended items
  • Sleeping bag or blanket
  • Mosquito net

Preparation for the “what if” scenarios

If You Become a Victim

Despite all of your efforts to reduce exposure to risks and to avoid threats, you may still become the victim of a crime or critical event. Following are some general response strategies:

• Remain calm and alert.
• Carefully note details of the environment around you (license plate number, distinguishing features, accents, clothing, etc.).
• First, try to defuse the situation. Culturally appropriate greetings or humor may reduce tensions.
• If an assailant demands property, give it up.
• You can create a timely diversion by tossing your wallet, watch, etc. to the ground in the opposite direction you choose to flee.
• Against overwhelming odds (weapons, multiple assailants) try reasoning, cajoling, begging, or any psychological ploy.
• If someone tries to grab you, make a scene and fight; kick, punch, claw, scratch, and grab as if your life depends on it, it very well could.
• If you feel your life is endangered and you decide to physically resist, commit to the decision with every fiber of your being; turn fear into fury.
• Report any incident your embassy.
• Seek support for post-traumatic stress (even if you exhibit no symptoms).

Hijacking/Kidnapping

• You may be targeted for kidnapping. As discussed previously, when traveling, you represent yourself, your family, your organization, and your homeland (or perceived homeland). You may be targeted due to any of these affiliations, or you may simply just end up in the wrong place at the wrong time. Because abduction situations vary greatly, the following considerations should be applied based on one’s best judgment at the time:

• Know the “ransom” policy of your government. The United States of America will not pay a ransom.
• The greatest risk of physical harm exists at the point of capture and during a rescue attempt or upon release.
If you are going to resist at the point of capture, do so as if your life depends on it; it most probably does.
Remain calm and alert; exert control on your emotions and behavior.
Humanize yourself, quickly and continually.
Be passively cooperative, but maintain your dignity.
Assume an inconspicuous posture and avoid direct eye contact with captors.
Avoid resistance, belligerence, or threatening movements.
Make reasonable, low-key requests for personal comforts (bathroom breaks, a blanket, exercise, books to read, etc.)
If questioned, keep answers short; volunteer nothing.
As a captive situation draws out, try to establish some rapport with your captors.
Avoid discussing contentious issues (politics, religion, ethnicity, etc.)
Establish a daily regimen to maintain your body physically and mentally.
Eat what your captors provide. Avoid alcohol.
Keep a positive, hopeful attitude.
Attempt to escape only after weighing the risks and when you are certain to succeed.

Resources

U.S. Department of State and OSAC
  - Country Crime and Safety Reports: [www.osac.gov/Pages/ContentReports.aspx?cid=2](http://www.osac.gov/Pages/ContentReports.aspx?cid=2)
- Visit [www.travel.state.gov](http://www.travel.state.gov) for security advisories and other travel guidance
  - Smart Traveler Enrollment Program (STEP): [www.travel.state.gov/step](http://www.travel.state.gov/step)
  - U.S. State Department’s role in a crisis: [http://travel.state.gov/travel/tips/emergencies/emergencies_1212.html](http://travel.state.gov/travel/tips/emergencies/emergencies_1212.html)

World Factbook

Study Abroad
- To get the latest in education abroad security information and training, go to [www.globalscholar.us](http://www.globalscholar.us)
- U.S. State Department Students Abroad website: [www.studentsabroad.state.gov](http://www.studentsabroad.state.gov)

Weather
- Review the climate and weather at your point of destination and/or any layover cities: [www.weather.com](http://www.weather.com)

Travel Medicine/Health
- Centers for Disease Control: [www.cdc.gov/travel](http://www.cdc.gov/travel)
- World Health Organization: [www.who.int/iith](http://www.who.int/iith)
About OSAC

OSAC’s Commitment

The Overseas Security Advisory Council is committed to providing the American private sector with customer service of the highest standard. As OSAC is a joint venture with the private sector, we strive to maintain standards equal to or surpassing those provided by private industry. OSAC activities directly correspond to requests from the private sector.

OSAC has received exceptional support for its initiatives from the chief executive officers and corporate security directors of many of the largest international corporations in the United States. The U.S. State Department and the Bureau of Diplomatic Security recognize the need in OSAC's goal to support the U.S. private sector by continuing to develop an effective and cost-efficient security information and communication network that will provide the private sector with the tools needed to cope with security-related issues in the foreign environment. OSAC's unique charter and continued success serve as an example of the benefits of mutual cooperation.

Mission

The U.S. State Department's Overseas Security Advisory Council (Council) is established to promote security cooperation between American private sector interests worldwide (Private Sector) and the U.S. Department of State.

The objectives of the Council, as outlined in its Charter, are:

- To establish continuing liaison and to provide for operational security cooperation between State Department security functions and the Private Sector.
- To provide for regular and timely interchange of information between the Private Sector and the State Department concerning developments in the overseas security environment.
- To recommend methods and provide material for coordinating security planning and implementation of security programs.
- To recommend methods to protect the competitiveness of American businesses operating worldwide.

For more information and to join the Overseas Security Advisory Council, please visit www.osac.gov.

This document is a compilation of constituent and OSAC efforts and is meant to serve as a reference guide for private sector best practices. OSAC wishes to thank all of our constituents who generously provided their input and assistance. A special thank you to Michael O’Neil, Director of Global Safety and Security, Save the Children International, whose contributions were vital and provided the foundation for this reference guide.
TRAVEL SAFETY GUIDE FOR STUDY ABROAD

PERSONAL SAFETY

Do - A thorough medical and dental check-up before departure.

Do – Travel with limited cash and one credit card keeping cash in more than one place.

Do – Use official currency outlets and use caution at ATM machines so as not to be a target for thieves. Make sure your card works abroad and notify your bank and credit card companies that you will be out of the country.

Do – Lock personal possessions and valuables in the hotel or room safe or use hotel security.

Do- Use a money belt rather than a purse. If you use a handbag, keep it close to the body. Wear backpacks in front.

Do – Maintain a security awareness of items on your person – i.e.: purse, wallet, keys, money and cell phones

Do – If you are sexually harassed, ignore the proposition and continue on your way.

Do not – Open your hotel room door for anyone not expected or known or does not have an official identification.

Do not – Wear expensive looking jewelry. Remember that thieves may not know the difference between pieces of real and costume jewelry.

Do not – Use ATM machines at night unless the area is open and well lit.

Do not – Walk in low-lighted areas without being surrounded by people and trust your instincts if something seems amiss, return to a safer surrounding, such as a hotel.

Do not – Walk, drive or travel alone and be aware of your surroundings when using public transportation, elevators or restrooms.

If you become the victim of a crime, seek medical help if necessary, then immediately contact:

• the local police,
• your home nation’s diplomacy or consular office
• your International Programs Office Director

If you have a medical emergency, seek immediate care, then contact:

• your host family/program director/international office at host institution
• IPO
• your family

If you have a medical emergency, seek immediate care, then contact:

• the local police,
• your home nation’s diplomacy or consular office
• your International Programs Office Director

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Travel Safety Pocket Guide

“Remember that no list can contemplate every possible “do” and “don’t” on safety issues. Every situation is unique. Be careful, don’t rush, think before you act, stay in a group whenever possible, and always use your own best judgment in any given circumstance.”

TRAVEL SAFETY

Do – Leave copy of travel itinerary with two or more known trusted people.
Do – Promise to call or email relatives or friends periodically.
Do – Dress according to the social and cultural norms in each country.
Do – Exclude titles, organization names or unnecessary data on luggage tags.
Do – Keep luggage near by and in view at all times and pack a small flashlight.
Do – Have alternative plans for unexpected events during traveling, keeping necessary items in your carry-on.
Do – Create and have handy detailed maps.
Do – Ask about surrounding and problem areas you may have to travel through. Check these sites:
   • U.S. State Department: http://www.state.gov/travel/
   • https://step.state.gov/
   • http://www.traveldocs.com/
Do – Be aware of your surroundings – not to be lulled with a false sense of security.
Do – Keep advised, via local media, of the current security situations in the area.
Do – Use main entrance of hotels and other buildings.
Do – Use all security locking devices when in your room and keep your room key in your pocket.

FIRE SAFETY

• www.firesafetyfoundation.org

Do – Acquaint yourself with all hotel/residence hall/ etc. emergency procedures and locate all emergency exits nearest you.
Do – Ask about safety measures such as, fire alarms, evacuation procedures and if windows will open.
Do – Call fire department direct, if fire occurs then call hotel/residence hall management.
Do – Feel door with palm of hand, if hot don’t open if not try to escape to nearest stairway exit-not elevator.
Do – Stay in room and wait for help when in doubt on what to do and DO NOT PANIC or DO NOT JUMP.
Do – Keep everything wet if you stay in room stuffing door cracks with wet sheets and towels.
Do – Fill the tub with water and douse the door and walls if you stay in room.
IDST 031: Intercultural Communication: Pre-Departure, Experiences Abroad, and Re-entry (S/U; 1 credit)

Note: **Students do not register for this course. It will appear on your transcript after you return from your program and attend the re-entry session. IPO then submits the grades to the Registrar to post. Please read the information below which explains the details.**

Course Objective:

This three-part course, required of all semester abroad participants, is designed to prepare you for your semester abroad program, reflect on your experiences while you are abroad and challenge you to think about your encounter with your own culture/country upon returning home. Studies have shown that students who undergo a well-designed orientation program tend to have a higher probability of success when they encounter a cross-cultural conflict or difficulty or experience culture shock. This applies both to international students who study in the United States and American students preparing to study abroad. Some may think that the term “culture shock” is overplayed in some circles, but rest assured that just about everyone will face some level of stress and anxiety when placed in a cultural environment different than their own. The objective is to be able to identify and recognize the symptoms and be ready to cope with the stress so that the experience abroad will turn out to be a rewarding one.

The International Programs Office (IPO) will provide you with cross-cultural material, specific assignments and readings in order to satisfactorily fulfill this one-credit course.

This companion course to the actual on-site study will allow you to identify, examine and explore your personal objectives for undertaking the study. Linfield College has also identified some of the objectives and learning outcomes expected of all students who study abroad.

LEARNING OUTCOMES EXPECTED OF SEMESTER/YEAR ABROAD PARTICIPANTS:

*At the end of the semester or year of participation in a Linfield-administered program, participants must be able to demonstrate the following:*

- Language acquisition: participants must meet a desired level of proficiency in their language of study. This will be determined through a pre and post test instrument specifically designed and administered by the Global Languages & Cultural Studies. In some cases, the GLCS faculty will also conduct mid-year evaluations of language proficiency for their majors.

- Ability to adapt and be successful in a culturally (and systemically) different educational environment.

- Ability to see and articulate similarities and differences between your own country/culture and the culture of your host country

- Ability to recognize, synthesize and articulate the cultural differences, norms, mores, habits and lifestyles of families in your host country compared with your own.
• Ability to utilize experiences abroad for (international) career building: participants should be able to write a succinct paragraph to this effect to be included in their revised resume.

• Have the skills to be more self-confident, more tolerant and flexible and less reliant on others.

**Assessment tools:**

• Pre and post language tests, as well as mid-year evaluations for year-long language majors.
• Coursework and final grades
• Mid-Semester assignment
• Returnee questionnaire and evaluation
• Re-entry discussion and assignment

1. **Pre-Departure Preparation:**

A pre and a post orientation assignment will accompany a day and a half of cross-cultural orientation session (normally held in mid-March of each year), required of all participants. The pre-orientation assignment will emailed to you after you have been accepted into the program and 1-2 weeks before orientation. It will be due the first day of orientation. The mandatory day and a half orientation session will include general discussion and presentation of various cross-cultural topics as well as information about the specific country of your destination. A post orientation assignment will allow you to summarize your thoughts about what you have gained from the sessions.

2. **Your Experiences Abroad:**

While you are abroad, we will send you a mid-semester assignment that is designed to reflect on your experience and to make comparisons across cultures, your own as well the one you are experiencing in the host country. You are required to submit your reactions via Blackboard or email toipo@linfield.edu. In completing this on-site mid-semester assessment, you should be aware that IPO will post select entries on the Linfield website so that others in the community would also benefit from your experience abroad.

**Mid-Semester Assessment**

Please respond to the question/assignment below, with 2-3 thoughtful paragraphs.

- Identify someone from your host country (such as a roommate, a classmate, a member of your host family, a clerk at a local store, a program assistant at the study center, someone you met at the study center) and conduct an interview. Write 2-3 paragraphs to report your findings on these salient points (make up your own questions to address these points):
  - What surprised you the most about the lifestyles, mores, norms and habits of the person you interviewed compared to yours or people you encounter with back home?
  - What are (cultural) similarities and differences you observed or learned (their preferences, tastes, outlook, values) between the person you interviewed and you?
  - How did the interview experience and what you learned changed your initial perceptions of the host country?
At the end of your report, include the name of the person you interviewed, who she/he is and the date of the interview.

At the conclusion of your study abroad program, you will be asked to complete a “study abroad returnee” assessment of your learning experiences.

3. **Returning home:**

Studies have shown (and the Linfield experience has confirmed) that study abroad returnees often experience some level of anxiety about returning home and getting back to their normal routine after spending some time (semester or year) living in another culture. Most feel the value of sharing these feelings with fellow students who have had similar experiences. Hence, we have developed a re-entry workshop to provide for this discussion. For the final part of this course, you will be required to attend one re-entry session held each term. The estimated dates for this session are provided below, along with information about the class meeting.

**Grading:**

You will receive a passing grade for this course once you have satisfactorily completed all assignments associated with the three segments to this course: pre-departure, experience abroad, returning home.

**Mandatory Semester Abroad Orientation Weekend:**

- **ALL PARTICIPANTS:** Friday, March 13, 2020 (from 3:30 – 6:00 pm) and on Saturday, March 14, 2020 (from 8:30am – 12:00 pm); both sessions in Jonasson Hall

- **ALL PARTICIPANTS:** Saturday, March 14, 2020 (1-5pm) Country-specific sessions - various locations; usually in Walker and TJ Day classrooms.

<table>
<thead>
<tr>
<th>Assignments</th>
<th>Due Dates Fall 2020 Programs</th>
<th>Due Dates Spring 2021 Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-orientation Assignments</td>
<td>March 13, 2020</td>
<td>March 13, 2020</td>
</tr>
<tr>
<td>Post-orientation Review</td>
<td>March 20, 2020</td>
<td>March 20, 2020</td>
</tr>
<tr>
<td>Mid-semester assignment: Experiences Abroad</td>
<td>Questions sent by our office for responses. Select entries will be posted on the IPO website and Linfield’s Digital Commons website.</td>
<td></td>
</tr>
<tr>
<td>Returnee Assessment/Questionnaire</td>
<td>Within 2 weeks of the end of your program.</td>
<td></td>
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<tr>
<td>Reentry Class</td>
<td>Feb./March, 2021</td>
<td>Sept./Oct, 2021</td>
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</table>
Relevant texts:

These reference materials are available in Nicholson Library. Use these materials as a background to complete your assignments for this course.

Culture Shock publication for all destinations, published by Graphic Arts Center Publishing Company, Portland Oregon. Similar publications are also available through Lonely Planet Publications.

Students with documented disabilities who may need accommodation, who have any emergency medical information of which IPO should be informed, or require special arrangements in order to fully participate in the abroad program or in the event of a necessary evacuation from the study abroad site, should meet with a staff member in IPO as early in the process as possible, no later than a week after receiving the acceptance letter.

Students who have been accepted to participate in a semester/year study abroad program are expected to adhere to the college policy on academic honesty, as published in the Linfield College catalogue, in fulfilling the requirements of this course and in all the courses they would be taking while abroad.
STUDENT BUDGET – Austria 20-21

The following figures are estimates based on students’ budgets from last year. They are only estimates and vary widely according to the individual. It is important to remember that not all expenses are included! Be prepared for some additional small expenses (i.e. photographs, photocopies) that will be necessary for various reasons.

Be aware of the exchange rate while you are there. Currently, it is not in our favor at the rate of 1 US DOLLAR= .92 EUROS (as of February 13, 2020).

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food</td>
<td>$1,000</td>
</tr>
<tr>
<td>Local transportation</td>
<td>$350</td>
</tr>
<tr>
<td>Independent travel</td>
<td>$2,000</td>
</tr>
<tr>
<td>Books</td>
<td>$50</td>
</tr>
<tr>
<td>Postage</td>
<td>$100</td>
</tr>
<tr>
<td>Phone</td>
<td>$200</td>
</tr>
<tr>
<td>Gifts</td>
<td>$300</td>
</tr>
<tr>
<td>Entertainment</td>
<td>$700</td>
</tr>
<tr>
<td>Other</td>
<td>$400</td>
</tr>
</tbody>
</table>

**Total estimated cost:** $5,100

If you are on a tight budget, these items can be reduced considerably by concentrating on local travel and taking care with discretionary expenditures.

**BANKING:**
Plan to exchange $100 USD into your country’s currency, preferably at the airport of departure or you can exchange currency at most airports of arrival, but often arrival is a hectic time plus you might be experiencing jet-lag.

The easiest method for obtaining funds is to use an internationally recognized ATM (Automatic Teller Machine) card – such as PLUS or CIRRUS –for cash withdrawals. You will need to get a pin number from your bank, and you will probably be able to withdraw money only from checking accounts, not savings accounts. **Be sure to check with your bank here at home. Have a back-up plan in case your card does not work. ATM’s are not always available outside of cities.**

Another practical solution to international banking is a VISA credit card. You can use the card to charge expenses in most stores, restaurants, and hotels throughout Western Europe. You can also get cash advances at exchange windows of many banks. Be aware, however, that there is often a fee for the advance plus interest charges that begin immediately after withdrawal.

It is also advisable to photocopy the backs of all your ATM/credit cards and keep that with a photocopy of your passport. If you lose any of your cards, you will have the phone numbers to call the companies.
September 11  
Arrival in Vienna

September 12  
Departure for Dorfgastein/Austrian Alps

September 14  
Beginning of Conversational German & Orientation Program and Culture Workshop

September 19  
Visit Salzburg City, return to Vienna and move in with host families

September 21  
Beginning of Program in Vienna: continue Conversational German & Orientation Program & Culture Workshop

September 22  
Beginning of full Academic Program in Vienna

**September 14 -**  
German Grammar Review Course for German Language Student

**October 12**  
Beginning of German course at University of Vienna (WIHOK) after placement test for German Language Student

October 16 - 18  
Study Trip 1

October 20 - 22  
Midterms

October 23 - 26  
Fall Break

October 27  
Classes resume

October 30 - November 2  
Study Trip 2

November TBA  
Community Service (Christ Church Bazaar)

November 20  
Day trip Klosterneuburg/Traunfeld

November 26  
Thanksgiving Dinner

December 4,5,7  
Finals (weekend)

December 8  
End of Program, Departure
Congratulations on your Vienna study abroad acceptance for Fall 2018! Before you know it, you’ll be boarding the plane for your Austrian adventure. The next semester will be amazing — a truly once-in-a-lifetime experience — but it will also be what you make of it. Take advantage of the time you have there, because, in what seems like the blink of an eye, you will be back in the US, and your time in Vienna will seem like a far-off dream.

**Before You Go:**

**German Track:** Don't forget to practice this summer! Two months is long enough to forget all sorts of things in a foreign language. Take some time to practice and you'll be far better off when you arrive in Vienna. If you have any friends who can speak German spend time just talking to them, this will be very beneficial.

**English Track:** You'll start from square one when you arrive in Vienna, but it doesn't hurt to learn some of the basic phrases (hello, goodbye, please, thank you) so that you can say something when you get there. If you can, attend the German table in Dillin or join the German club while you're still on campus. You also get to spend time with peers that are in the German track during the trip which you can take advantage while learning and practicing your German.

**Packing:**

When going over, you really need to pack necessities (a change of clothes, toiletries) in your carry-on in case your luggage gets lost along the way or gets makes its way to another airport (It does happen). While packing, keep in mind that 1) you need to be able to carry all of your own luggage and 2) you will come home with more than you brought over. In other words, leave empty space (and weight) in your bags for the new items that you will inevitably buy while abroad! Make sure you check with the airline for how many bags you can check (for our group it was just one) and how heavy that bag can be (for our group: just 50 lbs). If you check a second or third bag, there will be a fee. Some people opt to ship things (such as winter gear that takes up so much space) over to Austria or send things back to the states if they don’t have room in their luggage. That
is an option, but a very pricey one. Try to plan ahead and pack wisely. In general, I think it’s cheaper to check a second bag than shipping things. Always put a tag on the outside and inside of your luggage with your contact information and put the Institute’s information on there too. If you plan to do a lot of traveling on the weekends, take that into consideration when choosing your luggage. European airlines will usually charge you for a cabin bag so I travelled with a backpack that would fit under the seat. You’ll see lots of college-aged kids traveling around Europe with big backpacks for a reason: because they’re the easiest and most comfortable to haul around. Bringing an empty bag inside of your suitcase also may be helpful if you plan on buying a lot of things while abroad.

**Clothes:**

In general, the dress code in Europe is at a higher level than in the Pacific Northwest. You should not plan on wearing sweatpants, workout clothes, or other loungewear out in public. It is easy to blend in in Vienna if you wear nice jeans, flats or boots, and nicer tops (this holds true for the men in the group). I recommend saving any Linfield gear for wearing to bed or for working out, not just strolling around the city. Additionally, although Birkenstocks are the norm at Linfield, they’re considered house slippers in Austria—you'll get lots of funny looks if you wear them outside! That being said, American trends are slowly creeping into Austrian life meaning it’s ok to wear Birks in the summer (hot months) **without socks** (they hate that).

Vienna goes from burning hot when you arrive in August to near freezing, sometimes windy, when you leave. Most of the people in our group bought a warm winter coat mid semester and wore it for the rest of the program. Don't forget to pack your swimsuit (good for swimming in the Gastien Valley) **and** your favorite pair of gloves. If you take at least one pair of clothes for each weather condition, you’ll be set. Focus on mainly bringing summer clothes (and hiking) for the beginning part of the semester. You can always buy inexpensive winter clothes in the semester but keep in mind that it will be very cold during your lasts weeks in Austria.

You will need some dress clothes for the semester. There will be a few occasions (like concerts and operas) where it would be inappropriate if you are dressed casually. Ladies: a little black dress, or a blouse or cardigan with a skirt or nice pants and a pair of flats that can go with all of your outfits is fine. Again, keep in mind that these should work
for when it gets cold too. Guys: a pair of dress slacks, a button-up shirt, possibly a suit jacket, and nice shoes. These are business casual events, so don’t worry too much about it.

Comfortable footwear is critical to your experience. You’ll be on your feet all the time. This is especially true when you first arrive and are hiking in the Alps. Hiking boots were nice, but not a must. Make sure whatever shoes you use are good for going on “a short walk.” A pair of boots will serve you well when the weather gets cold.

Keep in mind that you can wear the same basics in different ways with a new scarf or a different pair of shoes. It is easy to over pack but you don't need to take a ton of clothing with you. It's fun to go shopping for clothes in Vienna or on the study weekend in Prague (a few of us had great luck with shoes and scarves in Prague). Just remember that Vienna is a modern city and it has everything you need.

*** If you're in doubt about bringing an item, it's better to leave it at home and buy a replacement in Vienna than to take it with you and never use or wear it.

Toiletries:

Bring any essentials that you need to get through the first week in Dorfgastein. Other than that, all the products you find here are also available in Vienna. It’s nice to just bring things with you so you don’t have to buy them there, but again, those things take up space in luggage (such as shampoo, etc.). If you wear contacts, bring replacement lenses and solution with you. Also bring any pills you’ll need (prescription and non-) and enough of them to last through the semester. You are not allowed to have prescription drugs shipped to you. Bring cold medicine! Even if you’re always healthy, you’re likely to get a cold. The shock from the trip (that recycled air gives everyone whatever one person had) or the different pollens that are in Europe can affect you in unexpected ways – bring at least a simple decongestant, since it’s better to be safe than sorry. If you do end up needing something that you did not pack, there are apothekes everywhere. Host parents are very helpful in trying to find a good medicine for a cough and such.

Miscellaneous Things to Pack:

- Electrical adapter. Make sure to check online to see if you need a converter too—most laptops, and tablets will automatically convert to the proper voltage and don't require a converter. If you wait for Vienna, the USB to wall chargers for phones run at about 10 Euro.
- School bag (either a backpack or a messenger bag for getting to and from school)
- Gift for your host family. Try to pick something specific to your state or region. This is actually very important and polite. Don’t wait until the end of the semester to give it to them either. That’s rude.
- Money belt. Great for traveling, but not necessary in Vienna.
- Copies of important documents (passport, credit cards and anything else you’re bringing-in case it gets lost or stolen- leave a copy with your parents as well). Keep the copies in a different place than the originals.
- Water bottle. Make sure to fill it up every day and don’t forget it!
- Camera and enough space on your memory chip (You might want to buy a bigger memory chip if yours can’t hold a lot of photos)
- Swimsuit
- Small towel (you can buy special quick-drying towels in camping stores that are really small and perfect for your travels). Your host family will have a regular towel for you.
- Sunglasses
- Journal
- German/English dictionary (you need this right away when you arrive, but mainly in your German class in October). I had mine on my phone – I recommend the dict.cc app. It’s free, and it’s fantastic. Make sure to download the full dictionary! Also, none of the classes were allowed to use the dictionaries on their finals, so you may want to think about that.
- Pictures of your life in the states (host families love to see your family and where you’re from)
- Stationary and/or thank-you cards (to save space, you can get these in Vienna).
- Nail clippers and tweezers (but not in your carry-on)
- Laptop & charger

**Money:**

It is best to use an ATM/Debit cards so you have access to your money. Make sure you know your pin for withdrawing cash at ATMs. It is common that every time you use your debit or credit card, there will be an international processing fee (mine was about 5 US dollars) imposed by your bank. ATMs themselves can charge fees too. It’s best to take out
a larger amount (200-300 euro) and then let it last you for a while. Watch the exchange rate too because it can fluctuate. I found it easy to exchange money at banks. Keep in mind that when you travel outside of Austria currencies may not be the Euro so you will have to exchange euros to another currency. You also have the option to take out money through an ATM at the country you are traveling to but fees and rates may differ.

With your cards, be sure to check expiration dates so it doesn’t expire while you’re overseas. Have the phone number in case it gets lost or stolen. The best way to call is via Skype—put some credit on your Skype account so you can call the toll free number in case your card is blocked, lost, or stolen. To contact each other or other people you meet while there, make sure to download whatsapp. EVERYONE uses it, even native Austrians. Make sure to do this before you leave the states, as you need to confirm your number to be able to use it. You can call and text just like with a normal phone, and it was the easiest way for me to contact my friends and family back home. The AAIE provided us with T-Mobile Austrian cell phones which were used for several different cases such as calling your host family because you forgot your key at home.

Call your bank before you leave for Austria. Here are some things to tell them and to ask so you're prepared for fees:

1. Give them a list of every country you might visit while abroad. Write a list beforehand. Make sure you include the Czech Republic because there is a study weekend in Prague. Also, it might be worth putting Poland (if there is extra money in the budget, you’ll go to Cracow like we did).  
2. Ask what the non-(your bank) ATM fee is for each withdrawal.  
3. Ask about the international processing fee for ATM withdrawals and purchases.  
4. Ask what the daily withdrawal and daily spending limits are for your card. If you need to buy a plane ticket and order something online on the same day, your card might be denied just because of your spending limit.

In general, Austria is a cash culture. Don't expect to be using your debit or credit card for everyday purchases. You will want to have cash on you for spending.

You Made It!
When you arrive in Austria, you will begin German immediately. An employee of the Austro-American Institute will meet you at the airport and take you to a pension to deposit your luggage and check into your rooms for the night, and then take you to a restaurant in walking distance of the pension. The next day you will take a train to a small village, Dorfgastein, located in the Alps. At Dorfgastein you will have around two hours of German lessons everyday. You will work in small groups with different teachers from the institute (generally, they will separate the German track students and the English). There will also be times where you will be able to have dinner or talk with people who are fluent English speakers and fluent Germans speakers. Take advantage of the situation and speak! **Practice! Practice! Practice your German!** It is very easy to revert to speaking English when you are with the other Linfield students, and this will inevitably happen, so do not do that when you are with German speakers. If you do not practice speaking, then your German will not improve. The same thing holds true in Vienna; you may encounter people who switch over to English once they hear your accent, but if you continue to respond in German, they will generally switch back.

You'll be doing lots of hiking in Dorfgastein, especially a long downhill hike that can be hard on the knees. You may hear you are going on a walk, but as it turned out the director’s definition of a walk was different than what us Linfield students thought as a walk. Remember: this is fun! You're hiking in the Alps! Bring good walking shoes, a water bottle, camera, and whatever you need to treat blisters—you'll need it.

**Vienna, in general:**

You will take the train back to Vienna after your week in Dorfgastein. Your host family will be waiting for you at the train station when you arrive. The staff at the Institute works to place each student with a compatible family; the situation may not be perfect, but it should be tolerable and comfortable. If something is not right or not working out, let someone at the Institute know—they will work with you to place you in a more comfortable living environment, but let them know as soon as possible—it doesn’t make sense to live in a bad environment for a semester and only mention it at the end of your semester. Seriously, **DO THIS.** It may seem like it’ll be ok, but if you’re a month in and still not enjoying it, change it. It’s worth it. Every situation is different; some families are willing to incorporate the student into family life; others provide a bedroom, the weekly
dinner and laundry facilities and that is it. Your host family has agreed to help you with your laundry—that may mean they wash your clothes for you or it may mean that they teach you how to use the washing machine. (Most households do not have dryers, so your clothes will have to hang dry. Keep that in mind, as line-drying clothes takes a while). Keep in mind most Austrians wash their clothes in 40C water – so watch out for delicate items like sweaters, which can shrink! If you are nervous about laundry, ask your host family if you can do it yourself, or hand wash your delicates. You are supposed to have access to the kitchen for cooking at least 2 nights a week. Some host families are stricter about this than others. If you plan on cooking, ask if it is okay. If you can prepare your own meals, do it — that is definitely cheaper than eating your meals out. Even if you have to eat out, there are healthy, inexpensive options. Vienna is huge, and it has every kind of food imaginable.

Transportation:

You will get everywhere in Vienna by way of the city’s public transportation system. It may seem a bit overwhelming at first but you will probably love it by the time you leave. You’ll have to purchase monthly cards (€51) but those are good for every form of transport (subway, streetcar, bus etc.) and can get you everywhere you could want to go. You’ll likely have a bit of a commute from your house to the Institute, but that can vary greatly – from 15 minutes to over an hour. You will also have a commute when you begin classes at the University.

If you can, take the street cars instead of the subway. You see so much more of the city that way and you will get a better idea of the layout of the city, which will be very helpful in the first month. However, if you are in a rush, take the subway.

There is also a night bus system that picks up when everything else shuts down at midnight. The subways run 24hrs on Friday nights, Saturday nights, and nights before Holidays. You can still get home, but the buses only run every half hour and you might not get dropped off at exactly the same place you normally do. Find the closest night bus stop soon after arriving in Vienna, so that you know how to get home if you accidentally stay out too late (in all honesty, I didn’t use the Night Bus once. But it is still useful to know). In any case, it will take some getting used to- but if you’re in the city, you can eventually find your way home.
There are a few apps you should download for transportation – DEFINITELY download Citymapper, it’s like google maps. In the google maps app you can download a city and you don’t have to have internet when you are using it. Also Wiener Linien – this app lets you buy your transportation tickets on your phone, and even if you forget your phone or lose it, you’re in the system and you don’t have to pay the hefty price (130 Euro!!!) for riding without a ticket. People will randomly be checking that transportation users have a valid ticket but normally it is on a basis of honestly. You never know when you get checked so make sure to buy a ticket! Last, but definitely not least, download Flixbus and GoEuro. Flixbus runs busses all the time all over the place, and you can get pretty much anywhere in Europe extremely cheaply. For example, to go to Bratislava it was 7,50 Euro. GoEuro gives you not just buses, but also train and flight information to the place you want to travel. If you plan on travelling (and DO plan on travelling, I cannot stress that enough) this will be an essential. Hostels are a great way to meet new people and from all parts of the world. Air Bnb’s are good if a group plans to travel.

Some things you should do in Vienna:

A cardinal rule for studying abroad is this: You will regret the things you didn’t do more than the things you did! Get out and explore! Do not always stay in the first district. It may be the most conveniently located district when people who live in other districts are meeting one another, but it is only one of 23 districts—and because it is essentially the “downtown” district, it is also the priciest district. There is so much to do in Vienna. I was never bored. Try to discover something new every day, even if it is only a new coffee shop. It is really fun to discover new foods you will end up loving, and miss when you are gone.

-Go to a park just to hang out (Stadtpark, Volksgarten, or Türkenschanz Park)

-Go to Schloss Schönbrunn. You’ll have to go in the palace for a class (if on the German track), but go in the gardens as much as you want because they’re free. They’re also great to see during the three seasons you’ll be there. This was a favorite place to jog and exercise!

-Go to a few operas right when you get there. That way you can decide early on if you like it or not. Don’t let it pass you by because if you wait until the end of the semester you
won’t be able to see all that you want to. Standing room tickets cost €3,00 or €4,00. It’s the cheapest thing you can do for a full night in Vienna.

-Go to museums. With your provided museum card, you’ll get in free to several. A favorite was the Albertina, right next to the Institute. This one isn't part of the museum card, but a student membership for six months was only €15.

-If you want to see a movie in English, go to the Burgkino—just a couple of blocks from the institute or Hadynkino on Mariahilfstrasse.

-Do homework or just hang out in the Kaffeehäuser

-Rent bikes and ride them through the city. You can use the city bikes for free for the first hour!

-Travel to nearby Austrian towns (Melk, Kremz, Graz, Linz)

-Hike in the Wienerwald or take a bus to Leopoldsberg and Kahlenberg

-Visit the Zentralfriedhof, where the famous musicians are buried. We went here for a class trip so you might want to wait.

-Go to the film festival that will be playing in front of the Rathaus the first few weeks you’re in Vienna (highly recommended—great food and the movies are free!)

-Check out the nightlife! A few clubs to try: Kitsch, Flex, Passage, Volksgarten. The great bars are at Schwedenplatz. If you want an English pub, try Pickwick's at Schwedenplatz (also great for free wifi and a quiet homework environment during the day). Sally’s was a favourite for the past group. Another bar to check out is Travel Shack near Westbanhof.

-Go to the mini Oktoberfest celebration at Prater! Some nights will be free entrance (usually Monday and Tuesday).

-Eat Italian Eis (try Zanoni & Zanoni).

-Hop on a streetcar or subway and see where it takes you.

-Check out the various Weihnachtsmärkte around town when they start up at the end of November. Each has its own reputation but the best ones are at Schönbrunn, the Rathaus, Karlskirche, or Spittelberg.

-Drink Gluhwein and Punsch when the stands start showing up on the streets around Christmas time (go to MuseumsQuartier for the mango punch).

*I cannot stress enough how important it is to meet people who are locals to the area. If you are able to befriend people from Vienna, the city will then be opened up to you and
you will get to see another side of the city. There are plenty of resources out there to meet people.*

**Independent Travel:**

The Vienna program allows for tons of travel throughout Europe—take advantage! Beyond the Dorfgastein week, you will go on some day trips together as well as spend a long study weekend in Prague and Krakow. You’ll have a ten-day fall break at the beginning of October, plus three-day weekends. Vienna is centrally located in Europe and you may wish to take advantage of that. Think of places you’d like to go before you leave the states. **Do not put off a trip for “another weekend” because they will be gone before you know it.** Make sure to double check the dates with the institute to make sure there isn’t anything else going on.

If there is somewhere that you are dying to visit, then go there! Some of my favorite memories were visiting cities around Europe. You won’t have class on Friday — long weekends and the fall break will give you plenty of time to travel. Paris, Venice, London, and Berlin are less than 2 hours away by plane, and Budapest and Munich are under 4 by train. Bratislava, Slovakia is only about an hour away by bus. Take advantage of the close proximity of neighboring countries, especially if there is somewhere you want to visit. It is good to plan ahead, but sometimes deciding a last minute trip on Thursday afternoon may be cheap.

In terms of air travel, there are lots of budget airlines in Europe like RyanAir, WizzAir, and EasyJet. Make sure you read the fine print, though, about how much luggage you can bring and any extra fees. We actually had the most luck in terms of cheap flights when we booked directly with one of the more major airlines, such as Austrian Air.

The possibility of train travel is unlike anything in the USA and trains are running at all hours of the day and night. You can get almost anywhere by train and if you shop around, can sometimes get cheap tickets. There is a discount card called a “Vorteilskarte” (ÖBB rail card) that you can purchase from the train station that allows you to save up to 50% on train tickets. The “Vorteilskarte” costs €20. If you plan on traveling by train during the semester, you will probably save over €20 with the “Vorteilskarte.” This card is
especially good for train travel that goes through Austria. Even if your final destination isn't in Austria, you can save up to 50% on the portion of the ticket that is in Austria. You might want to purchase it at the beginning of the semester, so that you are prepared for any unplanned weekend trips. This card usually pays for itself after one use. Also, ÖBB has some discounted tickets that are called “Sparschiene”. These are great, but MAKE SURE you know your plans well in advance! These can’t be refunded or transferred! Going to the train station and talking to one of the ticket seller may also get you even cheaper tickets than online. That is what my host father would do when planning vacations or trips to other parts of Europe.

**If you’re thinking of getting a Eurorail pass, you have to do that before you leave the states.** If you forget, don’t sweat because myself and others in my group were able to have them sent to the Institute. Also, research the package you buy because it limits which countries you can travel to/in.

There is an airport in Vienna but the cheap airlines (RyanAir, Air Berlin, Sky Europe) tend to fly out of Bratislava, Slovakia, which is about an hour away. There are numerous books geared toward student travel (Let’s Go: Europe, Lonely Planet) and prove invaluable in recommending lodging, restaurants, and providing maps. We stayed in hostels when we traveled; hostels are cheap, and are a great way to meet people your age. Sites like hostelworld.com have extensive lists of hostels in European cities, with reviews from past travelers.

While spur-of-the-moment travel can be fun and exciting, it is often necessary to put at least some planning into your trips to avoid problems while away. If you know you want to travel (by air or train) to a certain area, keep a constant watch on tickets and buy them as soon as they’re available because the best deals won’t last long. Some things (like Oktoberfest in Munich, which runs from mid-Sept. to the beginning of Oct.) require planning months in advance (some from past groups have been able to go). While travels to other countries are exciting, there are also endless places to explore within Austria and in Vienna.

**Classes:**

You will take 4 classes during your time abroad. Your German class is actually made up of three components: conversational German in August, German grammar review
in September, and a German class taken through the University of Vienna from October to December. Upon completion of your German grammar class, you will take a placement test at the University. You will then be enrolled in a class based on your ability with people from numerous other countries. This class provides you with an excellent opportunity to meet new people and practice your German.

You will take your remaining classes at the Institute; two in German and one in English, if you do the German route, and all in English if you do the English route. Do not fall behind in your reading. It is easy to do so because the professors do not always tell you what to read before the next class session — but they expect you to do it anyway! And if you read throughout the semester you will not have to cram right before finals. Trust me, there are so many other things you are going to want to be doing your last week in Vienna — you are not going to want to be reading the semester’s worth of reading that you have put off for the semester or writing the final research essays the last weekend in Vienna. Your classes will be with only the Linfield students, so it is noticeable if you are absent a lot, and absences are generally not permitted.

**Random Advice:**
- When interacting with people (especially when buying a train ticket or purchasing something expensive) be SURE you understand them and don’t just settle for “Well, I think I got that” because it can come back to haunt you later on. Don’t be afraid to ask them to slow down or repeat themselves. Often, it might be easier to buy train tickets online. If you're traveling within Austria at all, consider applying for an ÖBB rail card too.
- Vienna is one of the safest and cleanest cities in Europe. Still, be smart—travel with a buddy who lives in your district at night if possible.
- Have your mail from America sent to the Institute. Make sure that your parents say that whatever they send you is “used clothing” or something similar. You don't want to pay VAT on things that are already yours.
- Speak as much German as you can, the more you use your language skills the better they will be. In cafes, it’s easy to try out those new skills you get from class, and if it isn’t busy, experiment! Try to play around with the language and really push yourself to explore what you’ve been learning and become more comfortable with the language.
-Just spend time exploring the city. You see so many sites in the city if you just spend time walking through the main areas of each of Vienna’s districts.

**A Final Word:**

I hope that you are beyond excited about your time in Austria. This guide could never explain what the experience is like or everything you should do. Just remember that your time abroad will be what you make of it. Go with an open mind and heart, and you'll end up in love with a new culture, a new city and a way of life.
4 Ways People Steal Your Passport
by Katherine LaGrave

Beware of these four occurrences when traveling with a passport.

Sometimes, a bump, nudge, or distraction is all it takes. The stolen passport market is huge: There are more than 40 million passports listed as missing on a database created by Interpol in 2002, and according to the U.S. Department of State, more than 300,000 American passports are lost or stolen in the U.S. each year. And given that these are the most common ways thieves have been known to pilfer a passport, it pays to be aware.

The set-down
It's easy enough to make a mistake with your documents when traveling—after all, how natural is it to put your passport on the table at a restaurant as you pull out a chair, or rest it on top of your suitcase as you check the departure board at an airport? I've done it, and I'm guessing you have, too. But take your eye off the document for a moment, and you open yourself up to the possibility of someone bumping your table (or bag) as a distraction—and walking away with your passport. Another one of the most common places for thieves to grab a passport is in a place where we actually need to produce it: checking in at a hotel overseas. Be wary of putting it to the left or right of you as you shuffle for your confirmation number or booking details, as someone could come along and create a distraction—think returning a key, or asking a question—and slip away with your document. Instead, place your passport on the counter in front of you, and immediately return it to its secure location after it is passed back to you.

The spill
It sounds slightly out of a Charlie Chaplin movie: seemingly innocent passers-by "spilling" anything from ice cream to juice on people they
pass. Yet there are worldwide reports of such instances, wherein a
distraction is created, and in the process of aiding and cleaning the
hapless victim, the "spillers”—or their associates—lift a passport. If
you have the misfortune of being spilled on, refuse attendance and
instead, avoid contact with the offender by quickly walking away.

5 Ways to Keep Your Passport Safe When Traveling

The pocket
It's obvious, sure, but one of the easiest ways for people to snatch
your passport is if it's carried in your pockets: All it takes is a crowded
train and a nudge—or a coat that's been draped over the back of a
chair, and a sleight of hand. If you need to carry your passport with
you, look for a flat money belt, which can be worn around your waist
and neck and concealed under your clothing. If you're in the market
for something a bit more comfortable, try a travel wallet or passport
cover. Both conceal your passport (and nationality), and the travel
wallet also has room for other valuables, including credit cards and
emergency cash. Avoid carrying your passport and spending money
together if you can, as taking out cash will alert potential thieves.

The authorities
In countries around the world, you'll most often be asked to produce
your original passport at hotels and airports, or when crossing
borders. Travelers have also reported instances in which policemen,
plain-clothed or uniformed, approach them and ask to see their
passports. Sometimes, the officials are actually as they say they are—
numerous countries have plain-clothed officers asking for passports in
order to catch illegal immigrants—but it's better to be safe than sorry.
Signs that it probably isn't a scam: everyone else in your surrounding
area is also being checked, security badges and patches are visible on
the officer's uniform, and officials are not asking for anything but
photo ID. If you feel you are being singled out and are still
uncomfortable, agree to show your passport in the nearest police
station or hotel lobby, where you can confirm with a clerk who speaks
the native language.
Taking Prescription Medications Abroad:

While you’re abroad is not the time to suddenly realize you ran out of your prescription!

If you have a condition that requires regular medication, bring an extra quantity with you and pack it in your carry-on, just in case your checked luggage gets lost. Just remember to keep it in its **original** container and **clearly** labeled — you don’t want to create the impression you’re carrying drugs which haven’t been prescribed to you. In fact, you should **check with the local embassy** to make sure that your medication is acceptable to carry into the country. Some countries may consider your prescription medication to be **illegal**. Bring a letter from your doctor listing your medications and explaining why you need them. Doing your research and having a letter can help prevent any misunderstandings along the way.

Bring extras of any medical necessities you need, like contact lenses or glasses. You might want to pack a pair in both your carry-on bag and your checked luggage, just to be safe.

If you have allergies to certain medications, foods, insect bites, or other unique medical problems, consider wearing one of those “medical alert” bracelets and carry a letter from your doctor explaining required treatment if you become ill. It might not be the coolest piece of jewelry you wear, but it could save your life.

-Do you have prescription medications that will require you take a supply that will last for the duration of your program abroad?
-Will your insurance company allow for a prescription to be filled at one time to last for the duration of your program abroad?
-Is the prescription that you take classified as a narcotic and/or stimulant, and do you know if you will be allowed to enter your host country with the drug?

There is no one master list or web search that will give you a list of what medications are or are not allowed in every country you may visit while abroad, but it is important for you to do some research regarding studying abroad and your prescriptions.
- Have a conversation with your healthcare provider at least 8 weeks before your program abroad, to help you determine what, if any, medications you will need while you are abroad.
- Contact your insurance company at least 8 weeks before you program to discuss how best to fill a prescription that will need to last for the duration of your program abroad.
- Your insurance company may be able to advise you if your prescription is legal in the country in which your program will take place.
- Go to the host country’s embassy website to see if drug rules and regulations are posted. For example:
  - View the U.S. Department of State’s Travel Information page: http://travel.state.gov/travel/cis_pa_tw/cis_pa_tw_1168.html
  - View the U.S. Department of State’s Custom and Import Restrictions page: http://travel.state.gov/travel/tips/tips_1232.html#customs
  - View the U.S. Departments of State’s Bringing Medications or Filling Prescriptions Abroad page: http://travel.state.gov/travel/tips/tips_1232.html#medications
  - View the U.S. Department of State’s Country Specific Information; click on a country and then read Medical Facilities and Health Information: http://travel.state.gov/travel/cis_pa_tw/cis/cis_4965.html
  - Have a conversation with your local county health department.
  - Contact Mobility International, located in Eugene, Oregon:
The following report is based on open source reporting.

August 7, 2014

Introduction

Travelers are regularly cautioned about protest activity when visiting a foreign country. The U.S. Department of State, for example, consistently encourages citizens to “avoid all demonstrations, since even peaceful gatherings can quickly turn violent” – a phrase common to many Consular messages. However, a deeper understanding of what motivates protest activity, and who or what the intended targets are, can be useful tools for educating travelers.

The Nature of a Protest

According to a 2013 report by Friedrich-Ebert-Stiftung, a German non-profit organization that promotes democracy and political education, the global number of protests has increased every year from 2006 (59) through the first half of 2013 (112). [Note: these were protests covered in online news media. The countries analyzed represent 92 percent of the world’s population] While protests take place throughout the world, where they occur is not always a good indicator of how they will proceed. A country with a peaceful tradition of rallying can experience violence, while another with a more acrimonious style can experience no incidents at all. For example, in Cambodia, generally known for a peaceful tradition, demonstrators and police have recently come to blows over anti-government sentiment as well as a demand for a higher minimum wage among garment workers. In South Africa, known as the “protest capital of the world” and where violence is not a rarity, most demonstrations end peacefully and without incident. Demonstrations can also take place in countries not known for having any protest tradition at all, such as in Iran during the 2009 Green Movement, or in Egypt, Syria, Tunisia, and Libya during the 2011 Arab Spring uprisings.

By their nature, protests also attract attention. They can be exciting events, and for a foreigner, provide an up-close look at a country’s political landscape. But the advice to avoid them is not dispensed arbitrarily. An overzealous demonstrator can incite a crowd; individuals with ulterior motives can infiltrate an otherwise peaceful rally; a heavy-handed police response can provoke an aggressive reaction from gatherers. When this happens, onlookers can pay the price. This past May, a bystander was killed by a stray bullet during an anti-government protest in Istanbul, Turkey. Authorities in southern China acknowledged that police “may have accidentally injured…bystanders” during an April protest against a chemical plant in Guangdong province. During Egyptian riots in June 2013, an American college student was stabbed to death as he took photographs of the unfolding violence. What starts as simple curiosity can easily turn into a fight to stay out of harm’s way.

*Protests by Region – 2006-2013*

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<td>116</td>
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Data provided by Friedrich-Ebert-Stiftung

*As of July 2013*

The contents of this (U) presentation in no way represent the policies, views, or attitudes of the United States Department of State, or the United States Government, except as otherwise noted (e.g., travel advisories, public statements). The presentation was compiled from various open sources and (U) embassy reporting. Please note that all OSAC products are for internal U.S. private sector security purposes only. Publishing or otherwise distributing OSAC-derived information in a manner inconsistent with this policy may result in the discontinuation of OSAC support.
Indicators Can Help

There are indicators, however, that can be helpful to any traveler when assessing the probability for protests, and how they will play out. Anti-government protests, for instance, may not be as likely to target foreigners as they would police officers or nearby property (although the death of the American student referenced above shows this is not always true). Destroying property can be a way of not only displaying intense dissatisfaction with conditions in the country, but also attempting to undermine the government. This was the case in Thailand in 2010, when anti-government protesters targeted not only government buildings, but also commercial facilities. The same was true for 2010 anti-government/austerity protests in Greece. In both cases, foreigners were not directly targeted, and in Thailand, they were actually greeted warmly if they happened to pass by the event.

A protest against another country, on the other hand, might not result in widespread violence, but particular people and properties could be vulnerable. This past May, anti-Chinese protests in Vietnam targeted what were perceived to be Chinese-affiliated companies and factories following a maritime dispute between the two countries. In July, anti-Israeli protests in Germany and France led to the attack of synagogues and Jewish businesses in those countries.

There are also a number of issues that seem to bring protesters to the street regardless of location. For example, citizens accustomed to government subsides (fuel, transportation, etc.) can quickly mobilize if their entitlements are threatened in any way; violent clashes in the streets of Jakarta in 2013 following a reduction of fuel subsidies are a prime example. The suspicion of electoral fraud is another key catalyst, as was evident during protests in Russia following disputed 2011 legislative elections. Another major indicator pertains to infringements--real or perceived--on basic democratic rights. Residents of Hong Kong, for example, regularly take to the streets to demand greater democratic freedom.

The Likeliest Scenario

More than likely, the biggest impact to travelers during a demonstration will be transportation difficulties, including blocked roads, crowded public transportation, and congested traffic. A lot of protests advertise in advance where and when they will take place, which makes a traveler’s job of planning to get around them easier. Even for the ones that do not, it should become pretty clear what area(s) to avoid as numbers amass. Social media can be a great tool for collecting information; organizers and participants are likely to tweet about the event or post pictures to Facebook, Instagram, or a popular local social network (such as VKontakte in Russia). During past protests, OSAC constituents have allowed employees to work remotely or even take the day off when demonstration activity encroaches on work sites or precludes safe commuting. Over periods of sustained protest activity, employers have deferred travel, and in some cases, removed personnel from the city or country entirely. Each organization is responsible for its own plan, but understanding the fundamentals is a good start to making one.

Additional Information

For recent OSAC analysis on other regional protests, please see the below reports:

- Middle East Conflict Fuels Europe Protests
- Haiti Opposition Protests
- Northern Ireland Orangemen Parade Volatility
- Royal Thai Army Invokes Martial Law
- May Day

For Further Information

Please direct any questions regarding this report to OSAC’s Cross Regional Analyst.
Don’t Go Soft on Study Abroad: a Call for Academic Rigor

The following is a guest post by William G. Moseley, chair and professor of geography at Macalester College. He has worked and conducted research in Africa for 25 years.

Study abroad can be a powerful experience for many students. A student’s trip overseas can be one of those transformative educational periods after which a young person will never look at the world the same way again. Yet many students, faculty members, and college administrators don’t take this education as seriously as they should.

Study-abroad students bird watching in Botswana’s Okavango Delta.

Let’s be frank, some students view study abroad as a vacation or at least a time when normal academic standards ought to be relaxed. But as an instructor and director on two different study-abroad programs for undergraduates in South Africa and Botswana, I have sought to expose participants to new cultures and provide academically rigorous courses.

Many students initially chafed at the large amount of reading and writing, in addition to original fieldwork, that I assigned during these programs. Not only did some start
the program with an educational holiday in mind, but they saw students in other study-abroad programs not working as hard. Knowing my interest in having them have cross-cultural experiences, my students would couch their concerns about the workload in terms of not having sufficient time to travel and interact with the local population. How could I deny them exploring southern Africa?, they asked.

Occasionally, a class of students confronts me directly about the workload. This happened a little over halfway through the term in my most recent study-abroad teaching experience in Botswana. Students asked me point-blank how my courses compared in difficulty to those I teach at my home institution. I indicated that the classes I offered in Africa were actually a little less challenging as I was trying to account for the added stress of unfamiliar surroundings and less reliable infrastructure. Their collective gasp was audible; they shook their heads in disbelief. However, in explaining why the academic requirements of the program could not be relaxed, we had one of the more interesting discussions of the term.

I shared my view that a successful study-abroad experience often means at least two things: 1) getting outside of your own cultural head space (that is, coming to understand that other cultures may have very different, yet equally valid, approaches to life); and 2) knowing enough background information about a place, its history, and connections to other parts of the world to really understand what you are seeing. Of course the two criteria are often linked; you can’t set aside your own cultural prejudices until you understand why other people do things the way they do. Furthermore, learning enough to get a handle on what you are seeing requires hard work. That is, it means critically reading the academic publications about a place, discussing those insights with your peers, and synthesizing your understanding by writing.

Over time, my students began to value the rigor with which we explored this new area of the world, and the nuanced insights and deeper personal growth that it eventually yielded. For example, these students lived in a rural home for a time in the second half of the semester. This experience produced some beautiful reflections on what it meant to be with a local family. Gone were the shallow complaints about inefficient bureaucracy, the slow pace of life, or bad food from earlier in the term. Instead, the students showed a better ability to contextualize poverty, a greater appreciation for taking the time to get to know someone, or understanding Botswana on its own terms and in relation to the region, rather than just comparing it with American norms and practices.

Could we have done better? Yes, certainly. But I am also aware of the fact that we could have done a lot worse. It is expensive to have someone like me, a scholar of western and southern Africa, to relocate for a term (with his family no less) to teach a
course or two. It is far cheaper to subcontract study abroad to third-party providers. While many such organizations are excellent, some may be tempted to hire less-than-qualified teachers who were never (or are no longer) active scholars, and succumb to student pressure for less academic rigor because their business model demands it.

The reality is that the study-abroad experiences can be orchestrated quite poorly, potentially leaving students with a highly superficial, if not deeply flawed, understanding of another area of the world, not to mention a false sense of regional expertise.

So my hard advice is this: If you are a student looking for a study-abroad “vacation,” then either think about this opportunity anew and look for a rigorous program, or don’t go at all. If you are a faculty member looking to take a group of students overseas, get the necessary training and make sure you have the place-relevant research background to be a competent study-abroad instructor.

Finally, if you are an administrator that oversees study-abroad programs, then please treat this semester the same as you would the rest of an undergraduate’s career. If you are unwilling to compromise quality and provide education on the cheap at home, then a semester abroad should be no different.

[Photo courtesy of William G. Moseley]