LINFIELD COLLEGE
Department of Health, Human Performance, and Athletics

Date: 2012-2013 Academic Year

To: Linfield College Student-Athletes involved in:
Football, Men’s Soccer, Women’s Soccer, Volleyball, Cheer, Men’s Basketball, Women’s Basketball, Women’s Lacrosse, Baseball, Softball, and Men’s & Women’s Pole Vault

From: Linfield College Sports Medicine Department

RE: ImPACT Concussion Baseline Testing

Student-athletes involved with Linfield College Football, Men’s Soccer, Women’s Soccer, Volleyball, Cheer, Men’s Basketball, Women’s Basketball, Women’s Lacrosse, Baseball, Softball, and Men’s & Women’s Pole Vault will be required to complete an ImPACT Concussion Baseline Test before they will be allowed to participate in any Linfield associated voluntary activities and/or NCAA Countable Athletically Related Activities. The ImPACT Test is part of our Linfield College concussion management plan.

You can take the test online if you have a broadband internet connection. If you do not have access to broadband internet connection you can take the test when you arrive on campus. However, the baseline test MUST BE COMPLETED before you are allowed to start practicing with your team.

Please review the following FAQs:

What are the computer requirements to take the test?

- Make sure you are using Internet Explorer 6.0 and above or Firefox 1.5 or above and Safari for the MAC running OSX 10.2 and above.
- You must have Macromedia FLASH PLAYER 10.0 or newer installed. You can download FLASH PLAYER at www.adobe.com
- If you have a pop up blocker installed you must turn it off for the duration of the test.
- Close all other programs on your computer before taking the test.
- You need a broadband internet connection.
- The computer you use must have a mouse.
- Java Script must be enabled.
- TouchPad and TrackPoint mice (typically found on laptop computers) should NOT be used.
- If you are taking the exam on a laptop computer, make sure that it is plugged into an electrical outlet and is not running on battery power.
How long will the test take?

- The test will take approximately 25 to 30 minutes to complete. The system allows up to 45 minutes to take the test.
- Choose an environment that is free of noise and other distractions.
- Test should be taken before any exertional activities (before exercise).

Are there any technical items that might interfere with taking the test?

- Firewalls should allow an Internet session limit of 45 minutes to insure uninterrupted connections.
- Firewalls need to allow downloads of FLASH files.
- If you are having log on problems make sure to clear out your browser cache before giving up. Either hit the refresh key several times, close out and re-start the browser or re-boot your computer. Depending on the kind of computer and which browser you are using one of these items should resolve the issue.

Can I purposely perform poorly on the baseline test in an attempt to minimize future signs and symptoms of a concussion?

- The test has a built in “Validity Indicator” that automatically flags a suspicious baseline test.
- The results of your baseline test will indicate if you were trying to “Sandbag” and you will be required to repeat the test.

If I have already taken an ImPACT Concussion Baseline test while at my high school or previous college/university, do I need to take this test also?

- Yes, you need to take the test so it is in Linfield’s database.

The ImPACT baseline test is taken at the following location:  
[http://www.impacttestonline.com/colleges](http://www.impacttestonline.com/colleges)

When you log onto the ImPACT website you will:

- Be prompted to select your country/state…**very important to select “OREGON”**
- Then you will need to ‘click’ on the ‘Launch Baseline Test’ button
- Enter the Customer ID Code : **DE8F2F3FCF**
- From there follow the directions given
- At one point you will be asked to select which school you are with, be sure to select “Linfield College”

Please follow the guidelines outlined in this letter. If you have any question please send an email to **tlepp@linfield.edu**.