

Vital Statistics

Dec. 2009 Issue 15

TO ILLUMINATE AND UNITE



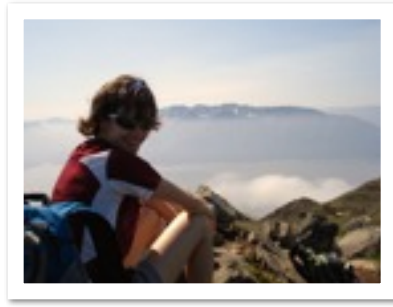
CALENDAR OF EVENTS

Dec 7th -11th: Change Wars
Dec 7th-8th: ASLC Elections
Dec. 10th: Global Distress in Health Care
Dec. 10th: Stroke Prevention Presentation
Dec. 11th: Your Role in Smoking Cessation
Dec. 16-18th: Final Exams, Red Eye
Dec. 20th: Fall Commencement Exercise and Nursing Pinning Ceremony

for event details, see page 3

Essay Contest Winner

Kelsey Goebel



Congratulations to Sam Longacre, winner of the Vital Statistics Essay Contest!

Originally from Anchorage, Alaska, Sam is a junior at Linfield College-

Portland Campus majoring in Health Sciences. Sam says she decided to enter the essay contest to dispel the myth that healthcare reform can only come from congressional decisions; she believes many problems can be addressed at local and even individual levels.

Sam's interest in public health began when she joined an HIV/AIDS peer education club in high school. After earning her undergraduate degree, she plans to pursue a Master's in Public Health with an emphasis in global health. Eventually Sam wants to hold a position with an organization working to improve basic conditions in impoverished communities.

Sam will be one of the Portland Campus students participating in the January Term 2010 study abroad trip to New Zealand, an experience she is very excited about. To read Sam Longacre's winning essay please see the October 2009 edition of Vital Statistics, available on the Student Life page of the Portland Campus website.

Global Health Week

Vital Statistics Staff

The first annual Global Health Week was held November 30th through December 4th at Linfield College-Portland Campus. The event was hosted by the Linfield chapter of Nursing Students Without Borders (NSWB) and served as a fundraiser for NSWB and the OSNA Global Health Scholarship fund.

Each day of Global Health Week featured a different theme with relevant speakers, films, and exhibitors. Highlights include speakers from Cascade AIDS project, a presentation by a Sudanese refugee who is now a licensed teacher, free massage and acupuncture, and exhibits from the Peace Corps, Mercy Corps, the Oregon College of Oriental Medicine and Sustainable Health Abroad.

Global Health week offered students, faculty and staff, and community members opportunities to expand their knowledge of global health and connect with organizations providing health services on a global scale.

If you are interested in getting involved with NSWB or future Global Health Weeks, contact nswb@linfield.edu.

Do you have an event you want the campus community to know about? Do you know of a story that needs to be reported? Want to see your work published? Vital Statistics is open to ideas, events and submissions! Send an email to vitstat@linfield.edu

October Student of The Month

October's Student of the Month is Tomi Lesh, president of the Linfield Student Nurses' Association (LSNA). During her time at Linfield, Tomi has worked to make LSNA a successful and viable chapter. In October she represented Linfield at the National Student Nurses' Association Mid-Year Conference. The Portland Campus thanks Tomi for her positive energy and hard work.



Institute of International Education Announces Internship Program

The Institute of International Education (IIE) is pleased to announce a new program, the Freeman Indonesia Nonprofit Internship Program (FINIP). FINIP aims to develop student leaders and strengthen the nonprofit sector in Indonesia. IIE will select and pair 10 Indonesian students pursuing U.S. degrees with 10 U.S. undergraduates and arrange internships for them to work together in an Indonesian nonprofit organization.

The nine-week experience, from June 15 to August 17, 2010, will take place in three cities: Jakarta, Bandung and Yogyakarta. All program-related costs will be covered. Interested sophomores and juniors enrolled in U.S. institutions are encouraged to apply using the online application at www.iie.org/programs/finip. The deadline for submission of completed applications is **February 15, 2010**. More information is available at www.iie.org/programs/finip.

Campus and Community Events

DEC 7th- 8th Monday -Tuesday

ASLC Community and Class Senator Elections. Survey Monkey will open for voting Monday morning and close late Tuesday afternoon.

DEC 7th- 11th Monday- Friday

Change Wars 11am-2pm, PH Photo Gallery

Bring your change to add to your favorite cohort's jar; bring dollar bills to sabotage other cohorts' jars! Change is positive points and dollar bills are negative points. The cohort that collects the most positive points in their jar by the end of the week is the WINNER, and all money in their jar will go toward their graduation party! The proceeds from the losing jars will go to LSNA to sponsor Linfield attendance at the National Student Nurses' Association Convention in Orlando, Florida this spring.

DEC 10th- Thursday

Global Distress in Health Care gathering, 6-8 pm, OHSU Student Center Gymnasium. Open to healthcare providers, patients, family members, policy makers, community members and anyone interested in the many factors influencing our health as individuals and a community. See http://www.ohsu.edu/academic/acad/ghc/docs/3rd_HealthEquity_Flyer.pdf for more information.

DEC 11th- Friday

Rx for Change Smoking Cessation Program 1200-1:00 pm, PH 210

All are invited to this luncheon that will provide information on how healthcare workers can help their clients stop smoking. Lunch Provided. RSVP to Lisa Burch at lburch@linfield.edu.

DEC 16th-18th- Wednesday- Friday

Final Exams

Red Eye, Sponsored by ASLC-PC

Through DEC 18

Art Benefit: What does Global Healthcare Mean to You?

Krakow Coffeehouse, 3990 North Interstate, Portland, OR.

Come view and bid on local artists, healthcare professionals and student's perspectives of global healthcare expressed through art. Canvases on display through December 18th; silent auction of canvases to benefit the Oregon Student Nurses' Association ends on December 18th. For information contact Kindra Scanlon at scanlonk@ohsu.edu

DEC 20th- Sunday

Linfield College Commencement Ceremony, 2pm, Ted Wilson Gymnasium, McMinnville Campus.

Nursing Pinning Ceremony, 4:30 pm, Ted Wilson Gymnasium, McMinnville Campus.

Community Board

FOR SALE

Note: Due to the high number of items for sale on the Community Board, each item will be featured in one edition and will be assumed sold unless the seller requests that the item(s) be reprinted in subsequent editions.

Textbooks for sale: Prices compared with AMAZON on 10/14/09, and negotiable... **Life Support** by Suzanne Gordon (\$5), **Nursing Now!** by Joseph Catalano (\$35), **Medical Terminology Simplified** 3rd edition, by Gylys & Masters (a few pages missing, \$15), **Prentice Hall CD sets:** "Real Nursing Skills: Basic" (\$30) and "Real Nursing Skills: Intermediate/Advanced Nursing Skills" (\$30), **Foundations of Psychiatric Mental Health Nursing** by Varcarolis, Carson & Shoemaker (\$50), **Psychiatric Interviewing** by Shea (\$30), **Skills and Techniques for Group Work with Children and Adolescents** by Smead (\$12), **Assessing and Treating Culturally Diverse Clients** by Paniagua (\$20), **NCLEX 4000 CD-ROM** (\$20), **Lippincott's NCLEX-RN Examination Review** by Billings (\$10), **Saunders Comprehensive Review** for the NCLEX-RN Examination by Silvestri (\$30). Call Heather at 503-250-4475 or email heathutch1@msn.com anytime.

LINFIELD COMMUNITY

The Wildcatheters are having ultimate frisbee games Mondays at 4:15 in Wallace Park at NW 25th and Pettygrove. Contact Scott Shepherd at scshep@linfield.edu for more information.

Donate items to the Rafael House and Operation Nightwatch! A group of students from Nurs. 213 and 206 will be collecting donations from Tuesday 12/1 through Monday 12/7. Items needed for the Rafael House include: women's clothing in good condition and dental hygiene supplies. Items being collected for Operation Nightwatch, a ministry of friendship and community that serves the street population of downtown Portland include: men's jackets, sweaters, shoes, gloves, warm hats, and boxes of new plastic baggies and garbage bags to keep personal belongings dry. A container for collections will be located in front of the Blue Room. We hope that you will consider donating, if you are able, to help someone have a warm and healthy holiday season! Contact Jess Nesher, Sarah (Lambert) Convery, Amanda Price, Matt MacDonald, Mike McGraw, Whitney Davies, or Matt Krieger with any questions.

Leitha Heine, Portland Campus Director of Information Technology is looking to form a "Green Team" of persons dedicated to more sustainable practices on campus. Contact Leitha Heine if you would like to get involved. 503.413.6382 (office), 503.857.2903 (cell)

