

Linfield Good Samaritan  
School of Nursing

*Assessment & Technical Skills Preparation*

The following is a list of the technical skills the students have learned in the skills lab at various levels of the curriculum. Students must pass competency exams in the Nursing Learning Resource Center in two clinical skills courses, NUR 106, Socialization into Nursing: Helping Role of the Nurse, and NUR 311, Clinical Nursing Skills. This does not necessarily mean that the student has had several opportunities to apply these skills. Experience level with skills will vary widely among our students. Please clarify comfort level with individual students and involve faculty as needed to assist students with performing skills on clients.

100 level skills taught in curriculum

- Medical asepsis
- Handwashing
- Universal/standard precautions
- Hot/cold applications
- Community assessment (community vital signs-biostatistics)
- Epidemiology
- Windshield survey
- Individual vital signs: TPR, BP, O2 sat
- ROM/physical restraints and alternatives
- Ambulation and body mechanics, positioning clients
- Bedbaths and bedmaking
- Nutritional assessments
- Elimination procedures: enemas, I & O, condom catheters
- Medication administration and pharmacokinetics
- Communication skills (students all take a therapeutic communication course)
- Lifestyle "healthy habit" assessment

200 level skills taught in the curriculum

- Injections: IM, SQ, SD
- Family communication skills: manners, key questions, etc.
- Blood glucose monitoring
- Therapeutic communication
- Mental status examination
- Health teaching
- Prenatal assessment
- Developmental screening
-

## Pg. 2 Technical Skills

- Environment safety assessments
  - o Home (age appropriate)
  - o Facilities
  - o Neighborhood
- Abuse screening
- Map reading
- Client contracting/mutual agreements

300 level skills taught in the curriculum (NUR 311 Clinical Nursing Skills must be completed prior to all other 300 level courses)

- Concept mapping
- Assessments
  - o Screening (head to toe, adult and pediatric)
  - o Functional Health Pattern
  - o Focused (e.g sexual, spiritual, cultural, fall risk, skin, newborn, post-partum)
- Bag technique (home care nursing bag)
- Wound care (sterile and clean, no-touch techniques)
- O2 management skills
  - o Tracheostomy suctioning and care
  - o O2 management
  - o Incentive spirometry
  - o Theory content, but no practice with chest tubes and mechanical ventilation
- NG tube insertion and management
  - o Gastrostomy and jejunostomy tube management
- Urinary elimination
  - o Catheter insertion; irrigation
- IV management
  - o Peripheral lines
  - o Additive piggy backs, and push meds
  - o TPN
  - o CVC line care (drawing blood from CVC line)
- Comfort care
  - o Pain management (PO meds, IM meds, massage, epidural, other non-pharmacological approaches)