

SYLLABUS
Abnormal Psychology (PSY 391)
Linfield College (Portland)
Division of Continuing Education (DCE)
Fall 2003

Instructor:	E. Gary Hankins, Ph.D.	Class Time:	6:00 p.m. - 9:30 p.m.
Phone:	(503) 554-0801	Day:	Mondays: 9/15 - 12/15
Address:	3019 Burlington Drive, NW Newberg, OR 97132	Class Location:	Peterson 103; Portland Campus, 2255 Northrup St. Portland, OR 97201
e-mail:	gary@duckfamily.net	Class Credit:	3

Instructor Availability: When the instructor is not on campus, you may leave a message for him at (503) 554-0801.

“ACADEMIC HONESTY. Academic work is evaluated on the assumption that the work presented is the student’s own, unless designated otherwise. Anything less is unacceptable and is considered academically dishonest. Any student found to be engaging in such activities is subject to disciplinary action. Further definitions of academic dishonesty may be found in your student Handbook in the Academic Policies chapter.” **(Quoted and paraphrased from the DCE Student Handbook)**

“STUDENTS WITH DISABILITIES. Students with documented disabilities who may need accommodations, who have any emergency medical information the instructor should know of, or who need special arrangements in the event of evacuation, should make an appointment with the instructor as early as possible, no later than the first week of the term.” **(Quoted from the DCE’s Sample Syllabus.)**

OVERVIEW:

The study of Abnormal Psychology is in a constant state of change due to new scientific findings being reported; new assessment techniques being revised or developed; and improved or new methods of treatment emerging. This is a course which addresses the description, causes, and treatment of individuals manifesting patterns of abnormal behavior. This course will focus on six major areas:

1. Observation, recognition, and assessment of an individual's behavior;
2. Examination of your own values, attitudes, and perception of an individual's behavior;
3. Exploration of possible factors involved in an individual's behavior (i.e. biological, psychological, and sociocultural);
4. Development and determination of an accurate diagnosis;
5. Development of an appropriate and comprehensive treatment plan; and
6. Adjustment of the treatment approach as needed.

TEXTS:

American Psychiatric Association (2000). **Desk reference to the diagnostic criteria from DSM-IV-TR.** Washington, D.C.: Author.

Durand, V. M. & Barlow, D.H. (2003). **Essentials of Abnormal psychology** (3rd ed.). Pacific Grove, CA, Wadsworth–Thomson Learning.

Hankins, G. & Hankins, C. (2000). **Prescription for anger: Coping with angry feelings and angry people.** Newberg, Oregon, Barclay Press.

Kreisman, J.J., & Straus, H. (1991). **I hate you, don’t leave me: Understanding the borderline personality.** New York, Avon Books.

COURSE OBJECTIVES: Students who complete this course should be able to:

1. Identify characteristics of the major mental disorders found in the **Diagnostic and statistical manual of mental disorders** (4th edition, Text Revision).
2. Identify the major theories regarding the causation of major mental disorders.
3. Select appropriate clinical assessment strategies leading to the development of a clinical diagnostic formulation and treatment recommendation for individuals manifesting a mental disorder.
4. Identify the primary treatment modalities used for major mental disorders.
5. Develop more personal insight regarding their own behavior and mental health.
6. Recognize and acknowledge their limitations regarding insufficient training to diagnose themselves or others on the basis of this course.
7. Develop an appreciation, respect, and curiosity about abnormal behavior that may encourage them to continue their studies in psychology and/or apply the principles they've learned to their chosen profession.

STUDENT EVALUATION:

- 280 points for **Class Participation*** (14 classes, 20 points each)
 - 100 points for **two Case Assignments**** (50 points each)
 - 150 points for the **Mid-Term & Final***** (75 points each)
 - 40 points for **the Reflection Paper******
- 570 Total Points**

A = 480 and above

B = 450 - 479

C = 420 - 449

D = 340 - 419

F = 339 and below

* **CLASS PARTICIPATION:**

Class participation and student interaction are the primary methods of instruction for this course. Students who arrive to class on time and remain for the duration of the class, can earn **20 points** each Monday evening. Coming to class prepared and participating in class activities are essential for successful completion of the course. Students will earn **ten** points if they come to class on time, remain for the duration, and **REMEMBER** to **initial** the attendance sheet when they arrive and again when they exit. Students participating in all **14** classes earn **280** points. The **points** for *class participation, case assignments, two exams, and the reflection paper cannot be made up.*

If you must miss **more** than two classes, it is recommended that you withdraw and take this course again another term.

** **CASE ASSIGNMENTS:**

Students will be expected to complete **two** Case Analyses Assignments. Each Case

Analysis is worth a possible 50 points, for a total of 100 points. Assignments must be typewritten

Case #1 – 10/27/03 Case #2 – 12/08/03

*** **MID-TERM & FINAL:**

The Mid-Term and Final are open book exams and are worth **75** points each and cover material in your four textbooks: *Desk Reference to the Diagnostic Criteria from DSM-IV-TR, Essentials of Abnormal Psychology, Prescription For Anger, and I Hate You.*

Students are expected to complete the 2 exams individually. Exams are due on the following dates:

Mid-Term – 10/27/03

Final Exam – 12/15/03

**** **REFLECTION PAPER:**

The purpose of this assignment is to stimulate reflection regarding the influence this course may have had on your thinking, values, and personal goals. Answer the following questions:

1. Describe how the course affected your attitude toward *mental illness*?
2. List the five most significant things you gained from this course. Five minutes will be provided at the end of each class to record the most significant things you gained from that evening's class.

NOTE: The Reflection Paper is due 12/15/03 in order to receive full credit.

WRITTEN ASSIGNMENTS:

INSTRUCTIONS:

1. Assignments are to be completed individually.
2. Cases and Assignments must include your name, the date, name of the class, and the title of your paper (i.e. Case Analysis #1). Number each page of your paper.
3. Use the APA format for citing sources and references. Your grade will be based on the quality of your paper, including:
 - a. Overall format and organization: Is the written discussion logical and well-organized? Is the material copied correctly or creatively and intelligently stated in your own words?
 - b. Breadth and depth of content: Is your paper clear and concise, yet, thorough enough to indicate you understand the case, or have read the assigned material and have thought seriously about the issue?
4. **Quality** takes precedence over quantity. Please proof your papers!

NOTE: Five points per day will be deducted for each day the paper is turned in after the due date. (Date of late papers will be determined by their **postmark date**.) Mail your papers to: **Gary Hankins, Ph.D.**
3019 Burlington Drive
Newberg, OR 97132

COURSE SCHEDULE

Sept.	15	ABNORMAL BEHAVIOR IN HISTORICAL CONTEXT (CH. 1) Introduction and Clarification of Syllabus Video: Landmarks in Psychology Video: Introduction: The Past: Mental Health History (1) Video: Diagnosing Vivian Video: Diagnosis According To The DSM-IV (Barbara – Major Depression)
	22	AN INTEGRATIVE APPROACH TO PSYCHOPATHOLOGY (CH. 2) Video: Emotions and their Influences on the Body (2) Video: Diagnosing Angela Video: Mixed Anxiety and Depression: Meichenbaum's Cognitive-Behavioral Approach
	29	CLINICAL ASSESSMENT, DIAGNOSIS, AND RESEARCH METHODS (CH. 3)

- Video:** *Clinical Assessment and Diagnosis: Unabomber Mental Tests* (3)
Video: *Diagnosing Gary*
- Oct. 06 ANXIETY DISORDERS (CH. 4)**
Video: *Anxiety Disorders: Panic Attacks* (4)
Video: Post-Traumatic Stress Disorder (5)
Video: *CLOSE UP: Panic/Agoraphobia; Obsessive Compulsive; PTSD* (Vol. 1)
Video: *Diagnosis According To The DSM-IV "Chuck"*
Video: *ABC NEWS: Body Dysmorphic Disorder: When You Hate Your Looks* (Tape 2)
Video: *ABC NEWS: A Secret Obsession (Sex Addiction)* (Tape 2)
- 13 **SOMATOFORM AND DISSOCIATIVE DISORDERS (CH. 5)**
Video: *Diagnosing Joyce*
Video: *CLOSE UP: Dissociative Identity Disorder* (Vol. 1)
- 20 **MOOD DISORDERS AND SUICIDE (CH. 6)**
Video: *Mood Disorders: Depression Alternative* (6)
Video: *CLOSE UP – Bipolar Disorder* (Vol. 1)
Video: *Diagnosis According To The DSM-IV* (Mary – Bipolar I Disorder)
Video: *Depression*
Video: *Electroconvulsive Therapy* (7)
Video: *Depression Treatment* (8)
Video: *ABC NEWS – New Mother’s Nightmare & Depression: Prozac* (Tape 3)
- 27 **PHYSICAL DISORDERS AND HEALTH PSYCHOLOGY (CH. 7)**
Mid-Term – Due
Case #1 – Due
Video: *Physical Disorders and Health Psychology: Stressful Heart* (11)
Video: *Stress, Health and Coping*
Video: *Worried Sick*
- Nov. 03 EATING AND SLEEP DISORDERS (CH. 8)**
Video: *Eating and Sleep Disorders: Hollywood Thin* (9)
Video: *Eating Disorders* (10)
Video: *Diagnosis According To The DSM-IV* (Susan – Anorexia Nervosa)
Video: *ABC NEWS – Eating Disorders* (Tape 3)

COURSE SCHEDULE

- Nov. 10 SEXUAL AND GENDER IDENTITY DISORDERS (CH. 9)**
Video: *Sexual and Gender Identity Disorders: Viagra Failures* (12)
Video: *CNN: Thieves of Childhood: Sex Offenders, their Victims, and Treatment*
Video: *DATELINE NBC: Sex Offenders & Predicting Dangerousness*
- 17 **SUBSTANCE-RELATED DISORDERS (CH. 10)**
Video: *Substance-Related Disorders: Teen Drug Abuse* (13)
Video: *Fighting Addiction* (14)
Video: *Marijuana Brains* (15)
Video: *CLOSE UP – Alcohol Abuse* (Vol. II)
Video: *ABC NEWS – Heroin: The New High School High* (Tape 1)
Video: *Diagnosis According To The DSM-IV* (Tim – Alcohol Abuse)
- 24 **PERSONALITY DISORDERS (CH. 11)**
Profile of "Mike D" handout.
Video: *Diagnosis According To The DSM-IV* (George - Antisocial Personality) (Prog. 3)
Video: *Diagnosing Joe*
Video: *Child Lures, J. Kallinger, and C. Manson*

Video: *M. Gates – Expungement*

- Dec. 01 SCHIZOPHRENIA AND OTHER PSYCHOTIC DISORDERS (CH. 12)**
Video: *Schizophrenia and other Psychotic Disorders: Schizophrenia Drug* (16)
Video: *ABC NEWS – Schizophrenia: The Lori Schiller Story*
Video: *Diagnosis According To The DSM-IV (Etta – Schizophrenia)*
Video: *FRONTLINE: Broken Minds & A Place for Madness*
Video: *Diagnosing Rita*
- 08 DEVELOPMENTAL AND COGNITIVE DISORDERS (CH. 13)**
Case #2 – Due
Video: *Developmental Disorders: Learning Disabilities* (17)
Video: *ABC NEWS: Autism* (Vol. II)
Video: *Anxiously Attached Children*
Video: *CLOSE UP: Tourette’s Disorder* (Vol. II)
Video: *CLOSE UP: ADHD* (Vol. II)
Video: *Organic Disorders*
Video: *Diagnosis According To The DSM-IV – (Mike - Amnestic Disorder)*
- 15 MENTAL HEALTH SERVICES: LEGAL AND ETHICAL ISSUES (CH. 14)**
Final – Due
Reflection Paper Due
Video: *ADHD Over diagnosed* (18)
Video: *Mental Health Services: Britain Bedlam* (19)
Video: *ABC NEWS – What Happened to Our Son? Medical Ethics in Using the*
Mentally Ill in Medical Experiments (Tape 1)
Video: *The Violent Mind*