Linfield Icebreaker 2015
Schedule of Events
**Tentative**

*Rolling schedule after completion of 1500*

**Friday, Mar. 6th**

7:00pm Women’s 10,000
8:00pm Men’s 10,000

**Saturday, March 7th**

**Field Events (3 attempts, top 8 advance to final)**

9:00am Women’s Hammer (Men to follow)
Men’s Discus (Women to follow)
Women’s Pole Vault (Men to follow)
Men’s and Women’s Long Jump (Triple Jump to follow)

11:00am Women’s High Jump (Men to follow)
Men’s Javelin (Women to follow)

*Women’s Shot Put(South ring) to follow Women’s Discus
Men’s Shot Put(North ring) to follow Men’s Hammer*

**Track Events ****Tentative Schedule**

10:00am Steeplechase (Women)(1ht)
10:20am Steeplechase (Men)(1ht)
10:35am 400m Relay (Women)(1hts)
10:40am 400m Relay (Men)(2hts)
10:55am 1500m (Women)(1hts)
11:25am 1500m (Men)(2hts)
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100m Hurdles (Women)(3hts)
110m Hurdles (Men)(3hts)
400m Dash (Women)(2hts)
400m Dash (Men)(4hts)
↓
100m Dash (Women)(4hts)
100m Dash (Men)(7hts)
800m Run (Women)(2hts)
800m Run (Men)(4hts)
↓
400m Hurdles (Women)(2hts)
400m Hurdles (Men)(3hts)
200m Dash (Women)(6hts)
200m Dash (Men)(9hts)
↓
5000m Run (Women)(1hts)
5000m Run (Men)(1hts)
1600m Relay (Women)(2hts)
1600m Relay (Men)(2hts)