Meet Information

**AS PER NCAA DIV 3 RULES, NO HIGH SCHOOL AGED ATHLETES ARE ALLOWED TO COMPETE**

Entry Procedures: All entries must be done online at Direct Athletics (www.directathletics.com)

Entry Deadline: All entries are due by noon on Wednesday, March 4th. Late entries will not be accepted.

Friday Event Schedule: Women’s 10,000 – 7:00pm
Men’s 10,000 – 8:00pm

Scratches: Please email any scratches to tolsongolinfieldedu as soon as you know them.

Entry Fee: $300 per combined team (payment at packet pickup) or $20 per individual (whichever is less). Unattached or club athletes must have bib number to show to event judge or clerk. We will accept cash or checks made out to Linfield College.

Check-in procedure: Running event athletes must check-in with the clerk located at the north end of the football field. Please pay attention to announcements as to when we would like you to check in. Field event athletes need to check in at event site no later than 30min prior to their event.

Field Events: All legal throws will be measured. Top 8 will advance to the finals

Weigh-ins: Implements will be weighed in at the back of the field house at the NE corner of the track between 7:00-8:30am.

Starting Heights:

<table>
<thead>
<tr>
<th>Event</th>
<th>Women</th>
<th>Men</th>
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<tbody>
<tr>
<td>High Jump</td>
<td>4’4.25” (1.33m)</td>
<td>5’5” (1.65m)</td>
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<tr>
<td>Pole Vault</td>
<td>8’5.25” (2.57)</td>
<td>11’4.5” (3.47m)</td>
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Athletic Trainers: Athletic Trainers will be available from 8:00am until the conclusion of the meet.

Results: Results will be available at the conclusion of the meet at www.linfield.edu/sports.

Questions: If you have any questions please call or email Travis Olson at 503-883-2530 and tolsongolinfield.edu